# 2018 SIM PCMH Initiative Regional Summit



### Seamless Partnerships for Effective Patient Care

TREETOPS RESORT

3962 WILKINSON ROAD

GAYLORD, MI



#### Welcome - Overview

KATHERINE COMMEY, MPH
SIM CARE DELIVERY LEAD
POLICY, PLANNING, AND LEGISLATIVE SERVICES ADMINISTRATION
MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES

### Agenda - Morning

8:00 - 9:00 AM	Registration and Continental Breakfast Resource Table / Networking
9:00 - 9:30 AM	Welcome: Michigan's SIM PCMH Initiative Regional Summit and Objectives
9:30 - 10:45 AM	Plenary: Effective Patient Care Delivery: Patient Identification and Medical Behavioral and Social Need Support
10:45 - 11:00 AM	BREAK
11:00 - 12:00 PM	Concurrent Breakout Sessions  A. Social Determinants of Health and Community Resources  B. Medicaid Tracking Codes  C. Behavioral Health
12:00 - 12:45 PM	LUNCH: Boxed Lunches available, Informal Networking Opportunity



#### Agenda - Afternoon

12:45 - 2:00 PM Concurrent Breakout Sessions

D. Practice Workflow for Target Populations

E. Medicaid Tracking Codes (Repeat of Morning Session)

F. Behavioral Health (Repeat of Morning Session)

2:00 - 2:15 PM BREAK

2:15 - 3:15 PM Plenary: Sustainability Post-SIM

3:15 - 3:30 PM Wrap-Up and Closing



#### Disclosures

There is no conflict of interest for anyone with the ability to control content for this activity.

Participants who successfully attend the entire conference event and complete the online CE request process, including required evaluation with email address, will earn 4.5 contact hours.

This continuing nursing education activity was approved by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91) ONA # 21757



#### Disclosures

The project described was supported by Grant Number CMS-1G1-14-001 from the Department of Health and Human Services, Centers for Medicare & Medicaid Services. The contents of this publication are solely the responsibility of the authors and do not necessarily represent the official views of the U.S. Department of Health and Human Services or any of its agencies. The research presented here was conducted by the awardee. Findings might or might not be consistent with or confirmed by the findings of the independent evaluation contractor.



# Requirements for Nursing, Social Work, and Commission for Case Manager Certification CE Contact Hours

- Attend the entire Summit
- Sign in upon arrival
- Complete the evaluation
  - Access the evaluation on the MDHHS SIM PCMH Initiative Summit registration web page or <u>click here</u>

Note: For a Certificate of a Completion use the above web link



## Instructions for Obtaining CE Credit or a Certificate of Completion

To receive Nursing, Social Work, or CCMC continuing education contact hours or a certificate of completion for "Michigan State Innovation Model (SIM) Patient Centered Medical Home (PCMH) Initiative Summit 2018":

Access MDHHS SIM PCMH Initiative Summit registration web page or click here

On the SIM Summit registration page, locate the Summit date and location that you attended

Click the link titled "Evaluation"

Sign in to your Dashboard Login on the MiCMRC website

• If you don't already have one, create a Dashboard Login on the MiCMRC website www.micmrc.org

To request CE or a Certificate of Completion, complete the brief form and click submit

- Next, complete the evaluation and submit. This step generates an email to you containing the certificate
- If you do not receive the email with attached certificate in your Inbox, please check your Junk/Spam email

For technical assistance please e-mail: micmrc-requests@med.umich.edu





#### Welcome - State of the State

KATHY STIFFLER

ACTING DIRECTOR MEDICAL SERVICES ADMINISTRATION
MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES

### Learning Objectives

- Identify SIM Successes
- Year 2 progress to date and opportunities
- Year 3 looking ahead



#### Before SIM – There Was MiPCT

The Michigan Primary Care Transformation demonstration was a 5 year multi-payer program sponsored by the Centers for Medicare and Medicaid Services (CMS). With the goal of supporting advanced primary care including care coordination, improved access, patient education, etc.

#### MiPCT Statistics:

- Over 1800 providers participated
- 346 PCMH practices were involved
- Over 1,158,650 patients were attributed
- MiPCT supported the hiring and training of over 500 care managers

#### Overall MiPCT demonstrated:

- Better patient experience
- Improved cost and utilization with high risk patients
- Improved adult quality indicators

MiPCT offered many foundational elements to further advanced primary care delivery in Michigan.



#### SIM was designed to

- Provide Michiganders with improved access to healthcare and increased connection with community resources
- Create capacity for resource coordination and promote strategy alignment across stakeholders
- Enhance patient-centered outcomes
- Promote more efficient and effective healthcare expenditures



#### **SIM Components**

#### **Care Delivery**

- Patient-centered medical homes
- Advanced payment models

#### **Population Health**

Community health innovation regions







#### Focused on:

Clinical-community linkage

#### Supported by:

- Stakeholder engagement
- Data sharing and interoperability
- Consistent performance metrics









### SIM Care Delivery Goals

- 1. Champion models of care which engage patients using comprehensive, whole person-oriented, coordinated, accessible and high-quality services centered on an individual's health and social well-being.
- 2. Support and create clear accountability for quantifiable improvements in the process and quality of care, as well as health outcome performance measures.
- 3. Create opportunities for Michigan primary care providers to participate in increasingly higher level Alternative Payment Methodologies.



#### The PCMH Initiative

SIM PCMH Initiative Participants:

• 328 members of a Physician Organization

- 18 Federally Qualified Health Center sites
- 9 Single Practice sites

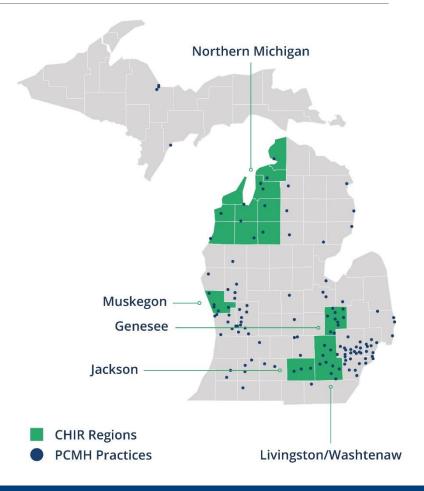
355 practices:

238 previous MiPCT participants

125+ CPC+ (track 1 & 2) participants

206 within a SIM Test Region150 outside of a SIM Test Region

Capacity and experience with PCMH capabilities including comprehensive coordinated care, and screening for social need varied across participants





#### **PCMH Initiative: Successes**

#### **Clinical Community Linkages**

- Significant effort in the development of Social Determinants of Health Screening processes and workflows
- Over 50% of participants implement a screening system that allows patients to self-administer the screening or for staff to administer the screening
- While Care Managers and Coordinators play a large role in the administration and review of completed screenings, many team members are involved in the whole process
- Over 250,000 screenings have been completed to date!
  - Areas of Greatest Reported Need:
    - Healthcare (Behavioral Health)
    - Food Assistance
    - Transportation
- **68%** of providers have reported using Social Determinants of Health Screening data to inform treatment/service delivery
- **94.3**% practices strongly believe they have an important role in identifying/addressing their patient's social needs

#### **Care Management and Coordination**

- Preliminary Reports indicate that in 2017 alone over 14,000 Medicaid Beneficiaries received at least one Care Management/Coordination service as a result of the SIM PCMH Initiative
- SIM patients were more likely than other Medicaid beneficiaries to receive multiple CM/CC services (illustrating provision of longitudinal relationships)
- Almost half of the SIM patients with a CM/CC claim had a face to face visit
- SIM patients are more likely to receive a CM/CC service following an inpatient hospitalization

**Note:** only 2017 data has been analyzed at this time and MDHHS acknowledges that the data is likely an underrepresentation of the overall services provided within the SIM PCMH Initiative due to claims optimization processes that occurred in late 2017 and early 2018.



#### PCMH Initiative: Opportunities

- Provider/Patient Attribution
  - Support Policies and processes to ensure appropriate patient attribution to providers
- Care Management and Coordination
  - Support processes to ensure appropriate and timely adjudication of care management and coordination claims
  - Support opportunities to explore how the provision of similar services to the same beneficiaries can be coordinated across Medicaid Health Plans, Providers, Community Partners, etc.
- Social Determinants of Health
  - Define and Standardize Social Determinants of Health Priority data and sharing amongst appropriate partners



### PCMH Initiative: Looking to the Future

#### **MDHHS Values:**

- The Patient Centered Medical Home
- Comprehensive Whole Person-Centered Care
- Access to resources to address health and social service needs
- Care Managers and Coordinators

- Future Challenges:
  - Impending Election
  - Ever Changing Healthcare Landscape

- Future Opportunities:
  - SIM Plan for Improving Population Health
  - Proposal for Change



# Behavioral Health: We Can and Must do Better

PHIL BATY MD





#### No relevant disclosures











"Primary care cannot be practiced without addressing mental health concerns, and all attempts to do so result in inferior care."



FRANK DEGRUY III, M.D., MSFM, Woodward-Chisholm professor and chair of the Department of Family Medicine at the University of Colorado





### Learning Objective

 Describe effective patient care delivery addressing Patient Identification, Medical, Behavioral and/or Social Determinants (SDoH) Support





### Agenda

- Mental Health in Primary Care
- Usual Care management
- Collaborative Care care management
- Benefits













Getty Images 746033583



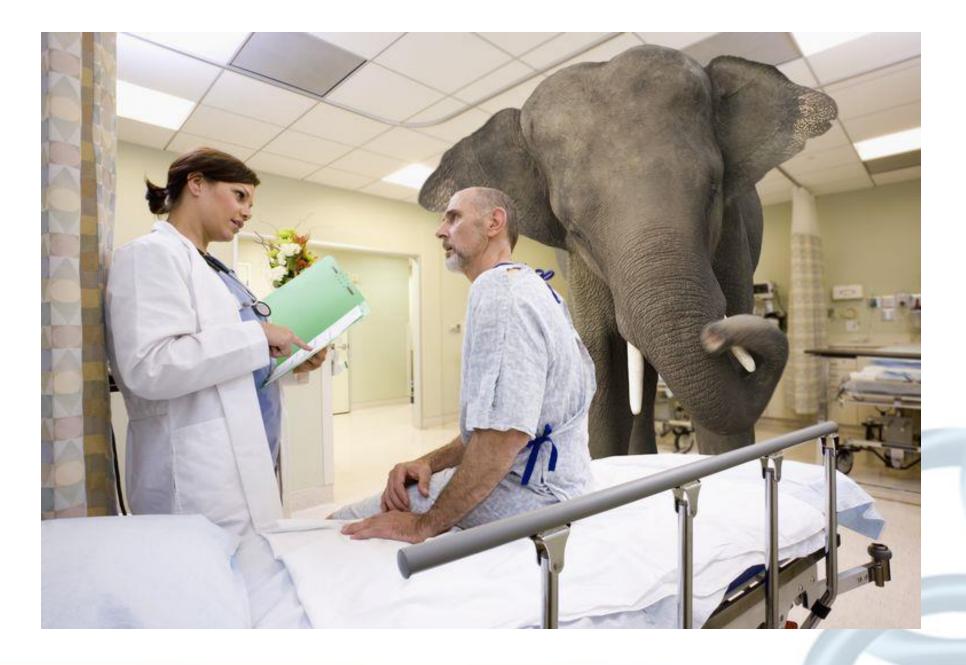














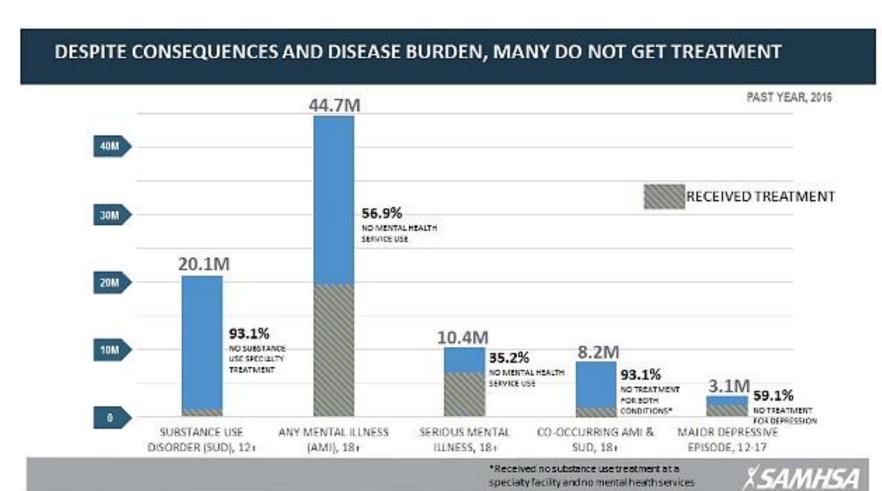








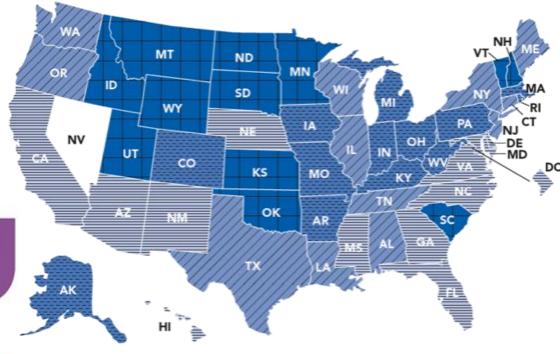
### Mental Illness is Woefully Undertreated



SAMSHA (2016). SAMSHA Data Outcomes 2016. Retrieved from: https://www.samhsa.gov/disorders







Suicide rates rose across the US from 1999 to 2016.

Increase 38 - 58%
Increase 31 - 37%
Increase 19 - 30%
Increase 6 - 18%
Decrease 1%

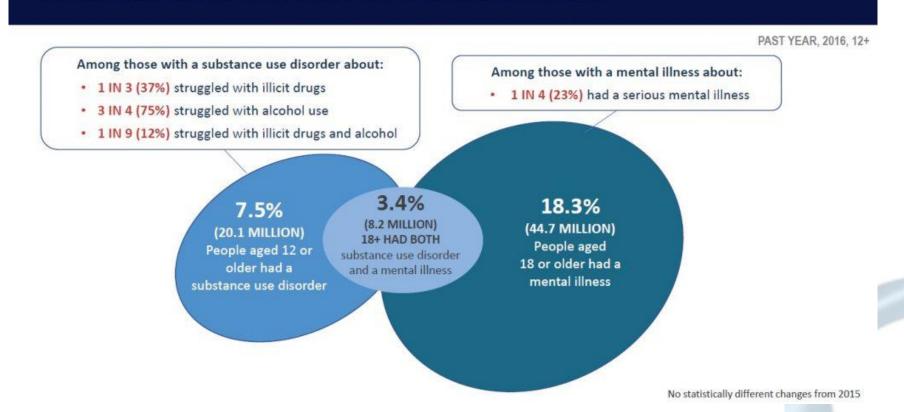
CDC Vital Signs (June 2018). Suicide Rates Across the US. Retrieved from: https://www.cdc.gov/vitalsigns/suicide/index.html





#### Mental Illness Spawns Mental Illness



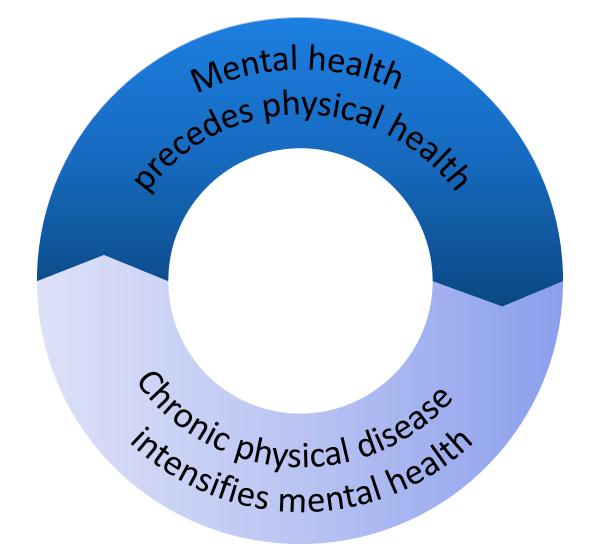


Lipari, R., Struther L. (2107). *Trends in Substance Abuse Disorders Among Adults Aged 18 or Older.* Retrieved from: https://www.samhsa.gov/data/sites/default/files/report\_2790/ShortReport-2790.html





#### Mental Illness Spawns Physical Illness







### Primary Care, The Frontline Of Mental Health

- Mental health care provider shortage
- Financial
- Stigma





### Primary Care, The Frontline Of Mental Health

- 80% of people with a behavioral health disorder will visit a primary care provider at least once a year
- 50% of all behavioral health disorders are treated in primary care
- 48% of appointments for all psychotropic agents are with a nonpsychiatric primary care provider

Kessler, R. C., Demler, O., Frank, R. G., Olfson, M., Pincus, H. A., Walters, E. E., ... Zaslavsky, A. M. (2005). US prevalence and treatment of mental disorders: 1990–2003. The New England Journal of Medicine, 352(24), 2515–2523. <a href="http://doi.org/10.1056/NEJMsa043266">http://doi.org/10.1056/NEJMsa043266</a>

Pincus, H.A., Tanielian, T., Marcus, S., Olfson, M., Zarin, D.A., Thompson, J.W., & Zito, J.M. (1998). Prescribing trends in psychotropic medications: primary care, psychiatry, and other medical specialties. JAMA, 279 7, 526-31.





### Primary Care, The Frontline Of Mental Health

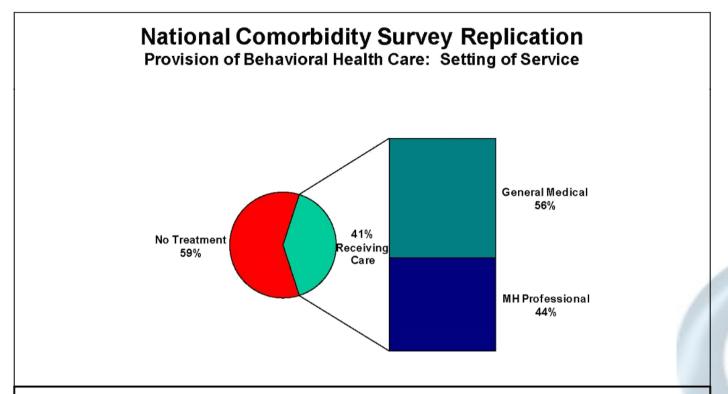
- 45% of those dying by suicide saw their primary care physician in the month before their death.
- Only 20% saw a mental health professional in the preceding month.

Luoma, J. B., Martin, C. E., & Pearson, J. L. (2002). Contact With Mental Health and Primary Care Providers Before Suicide: A Review of the Evidence. *The American Journal of Psychiatry*, 159(6), 909–916. http://doi.org/10.1176/appi.ajp.159.6.909





# Primary Care is the 'De Facto' Mental Health System



Wang P, et al., Twelve-Month Use of Mental Health Services in the United States, Arch Gen Psychiatry, 62, June 2005





#### The Good the Bad and the Ugly

- Primary care is identifying depression better.
- Comorbid alcohol problems frequently remain unidentified and thus untreated.
- Treatment is often too short or otherwise inadequate.
- Suicidal thoughts and suicidal behavior are poorly managed.

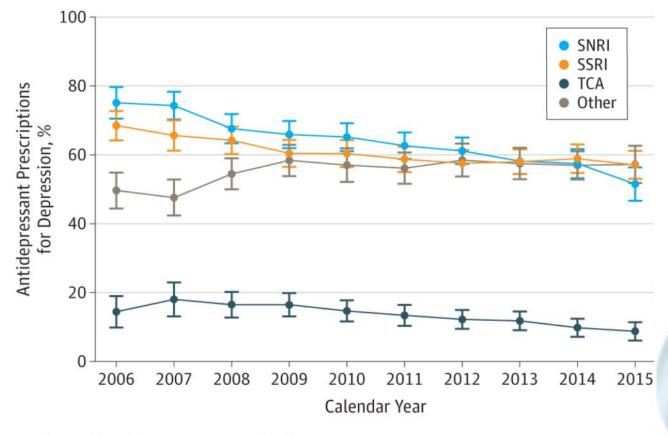
McDowell, A. K., Lineberry, T. W., & Bostwick, J. M. (2011). Practical Suicide-Risk Management for the Busy Primary Care Physician. *Mayo Clinic Proceedings*, 86(8), 792–800. http://doi.org/10.4065/mcp.2011.0076





From: Treatment Indications for Antidepressants Prescribed in Primary Care in Quebec, Canada, 2006-2015

JAMA. 2016;315(20):2230-2232. doi:10.1001/jama.2016.3445



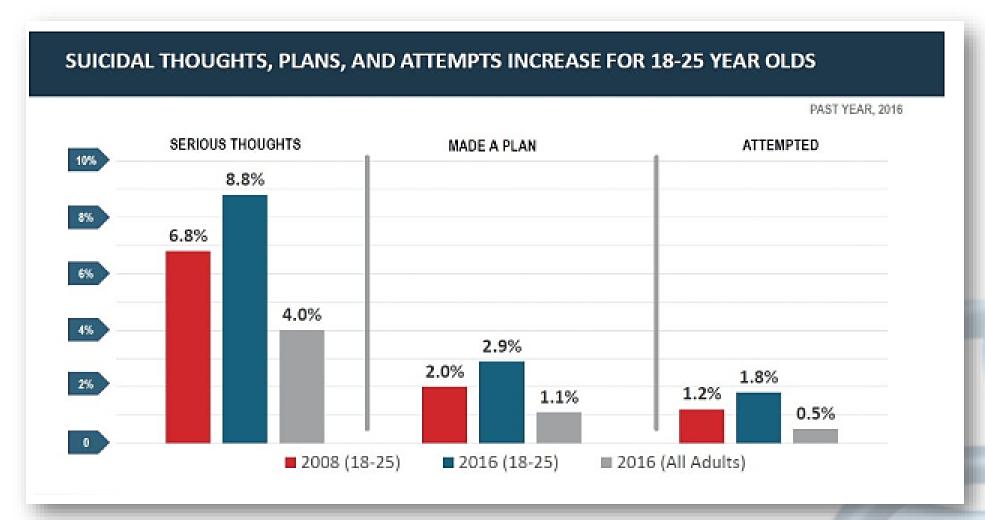
Total No. of antidepressant prescriptions

7541 9216 9893 11315 11964 12121 11610 11313 9974 6812





#### Serious Mental Illness (SMI)



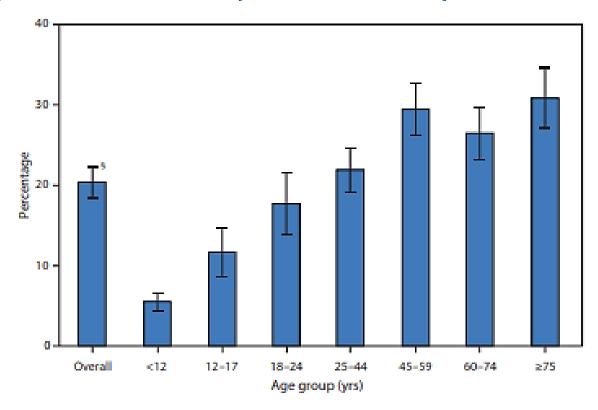
Blader, J., Suicidal Thoughts and Behaviors Increased Among Young Adults. Why?, Journal of the American Academy of Child & Adolescent Psychiatry, Volume 57, Issue 1, 18 - 19



#### Primary Care Role In Mental Health

FROM THE NATIONAL CENTER FOR HEALTH STATISTICS

Percentage of Mental Health–Related\* Primary Care<sup>†</sup> Office Visits, by Age Group — National Ambulatory Medical Care Survey, United States, 2010

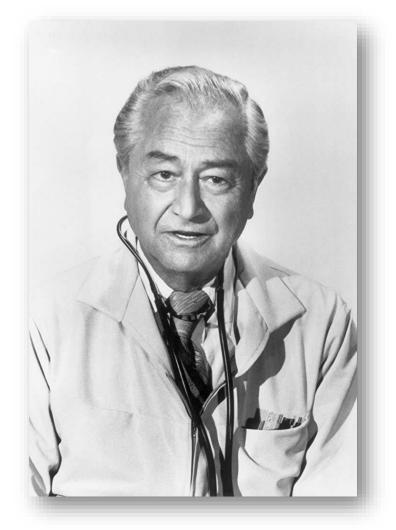


Olfson M, Kroenke K, Wang S, Blanco C Trends in office based mental health care provided by psychiatrists and primary care physicians, J Clinical Psychiatry 201 4:75,247-53





#### **Primary Care**







#### Primary Care Expectations for Panel of Patients

- 3.7 hours per day for acute care
- 7.4 hours per day for prevention in panel of patients
- 10.6 hours a day to provide chronic care

Prevention of Chronic Disease 2009;6(2):A59., American Journal of Public Health. 2003;93:635–641; Annals of Family Medicine 2005;3:209-214





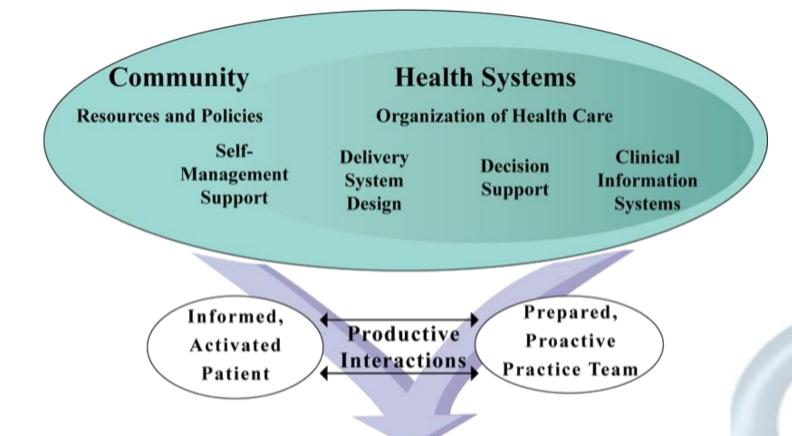
#### Too Many Jelly Beans in One Cup







#### The Chronic Care Model



**Improved Outcomes** 





#### Care Manager





#### Roles of Care Managers

- Acute management
- Transition management
- Chronic Management/Clinical Monitoring
- Clinical guidelines
- Problem identification
- Collaboration with treatment team
- Collaboration with medical neighborhood

http://micmrc.org/system/files





# MiPCT: Care Managers Heart of the Demonstration Project

- 757,000 Medicare and Medicaid patients
- Medicaid patients improved Diabetes measures
- Improved all cause hospital admissions and 30 day readmissions
- Rated highly
  - Access to care, patient engagement and self-management, quality improvement, and health information technology
- Rated very Highly
  - Office staff, shared decision-making, and communication
- Medicare savings between \$140 and \$295 million

June 2017 Evaluation of the Multi-Payer Advanced Primary Care Practice (MAPCP) Demonstration Final Report—Appendices Prepared for Suzanne G. Wensky, PhD Centers for Medicare & Medicaid Services, RTI Project Number 0212790.005





#### State Innovation Model

- Patient Centered Medical Home Initiative
  - Care management and care coordination (CMCC) services
  - Embedded staff
  - Support clinical-community linkages
  - Brief screening tool to assess social needs
  - Screen all patients in the practice
  - Linking patients to appropriate community-based resources





#### Care Management for Depression

"On average, practices used fewer than one care management process for depression, and this level of use has not changed since 2006–07, regardless of practice size."

-Health Affairs March 2016

Bishop, T, Ramsay, P, et al, (March 2016). Retrieved from: <a href="https://doi.org/10.1377/hlthaff.2015.1068">https://doi.org/10.1377/hlthaff.2015.1068</a>





### Collaborative Care Key Components

#### **Care Management Process**

**Enrollment** 

Pre-screeningPatient identification

Care Plan development Population management

Assessment and care planning

Outcome oriented CM

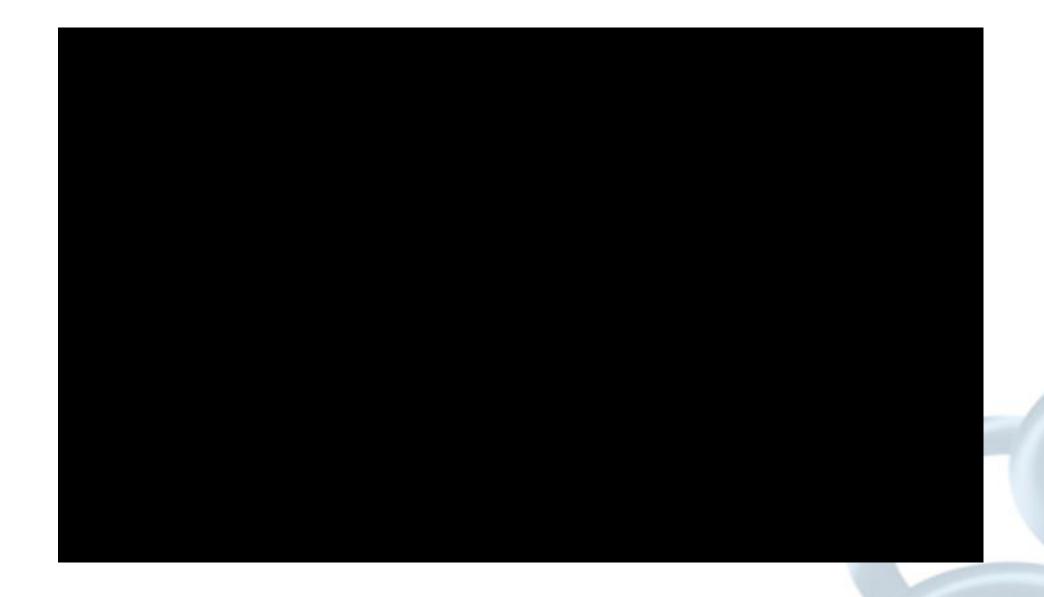
• Implementation, follow-up and monitoring

Care planning and routine follow-up

Case closure and evaluation



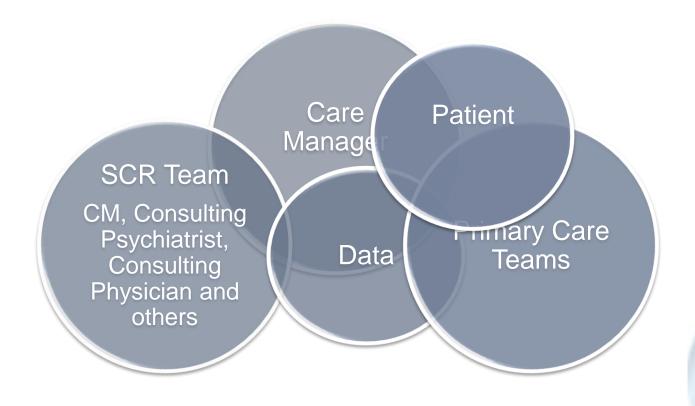








## Collaborative Care Roles and Responsibilities







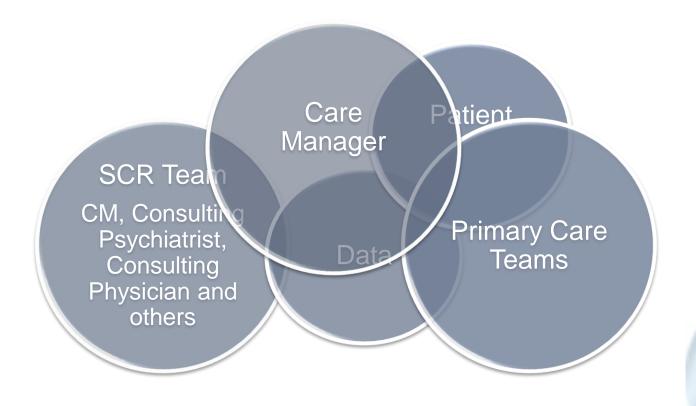
#### Patient

- Active member of the team
  - Participant in treatment planning
  - Self-management strategies





## Collaborative Care Roles and Responsibilities

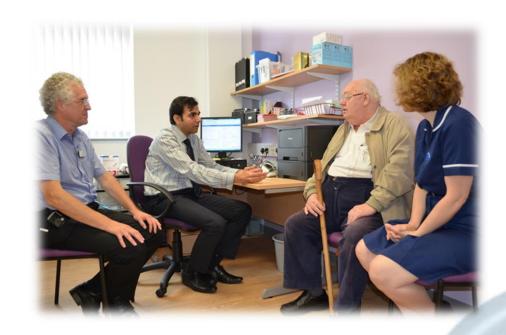






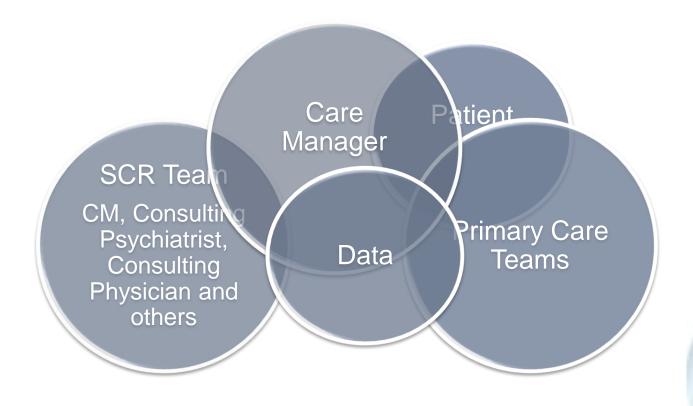
#### Care Manager

- Care Coordination
  - PCP and team
  - Systematic case review team
  - Patient
  - Ancillary staff (MSW, pharmacist)





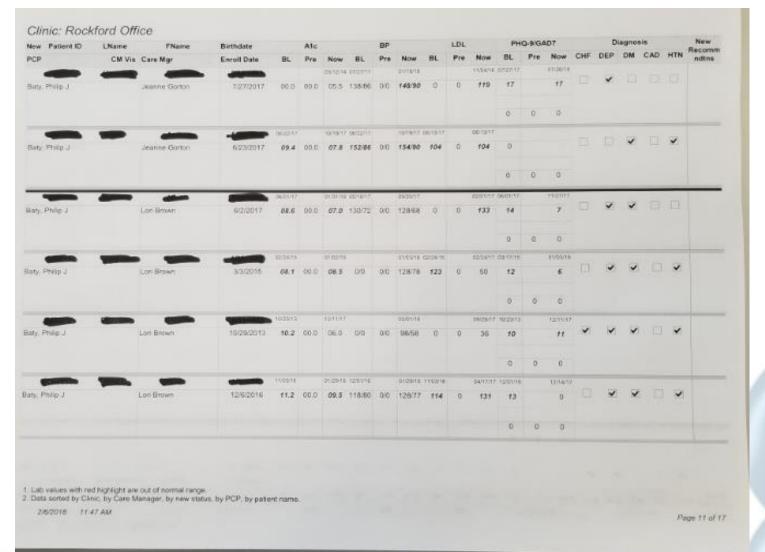
## Collaborative Care Roles and Responsibilities







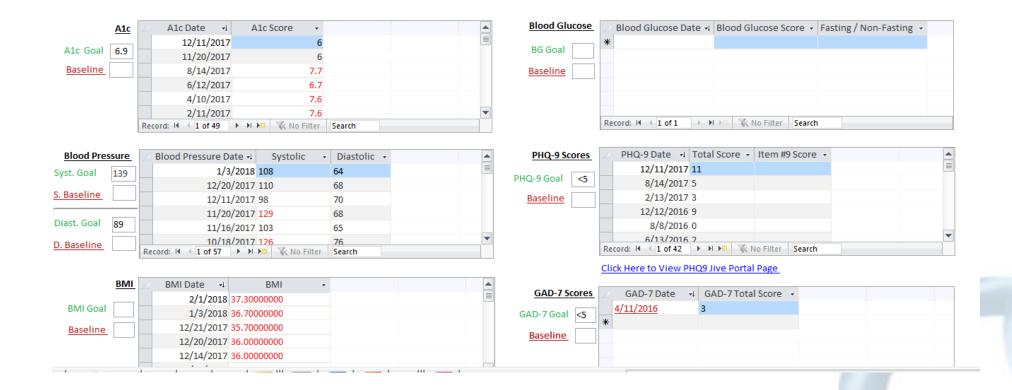
#### **Excel Data**







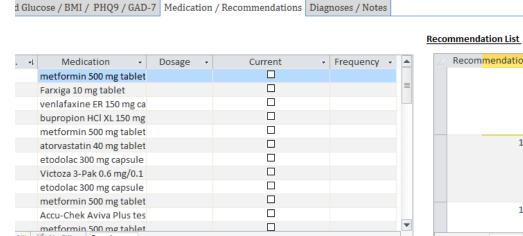
#### **Access Database**







#### **Access Database**



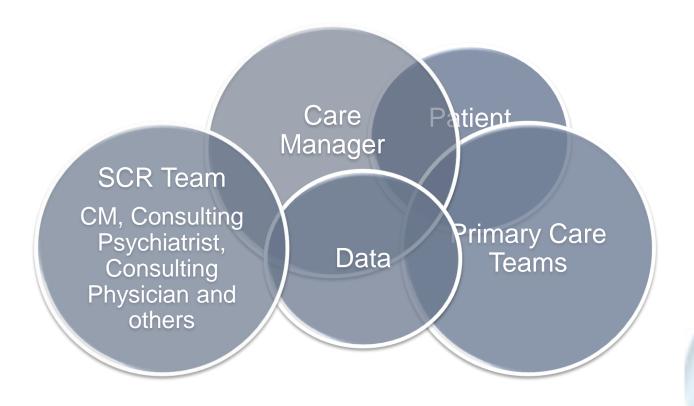


1	Recommendation Date →	Patient Recommendation 🔻	Patient Recommendation Status 🔻	
	1/9/2018	mot sleeping well. Recommend guided meditation/mindfulness, check blood sugar before bed, can continue melatonin for now. If not helping, stop melatonin, start trazodone 50 mg at bedtime.		≡
	12/12/2017	Low BP - PCP reduced lisinopril to 2.5mg daily, A1c 6.0%. Back brace is off. Check if getting back in with therapist.		
	11/28/2017	Pt wants to stay with therapist, really likes him, willing to make the drive.		<b>T</b>
Re	cord: I4 -	K No Filter Search		





## Collaborative Care Roles and Responsibilities







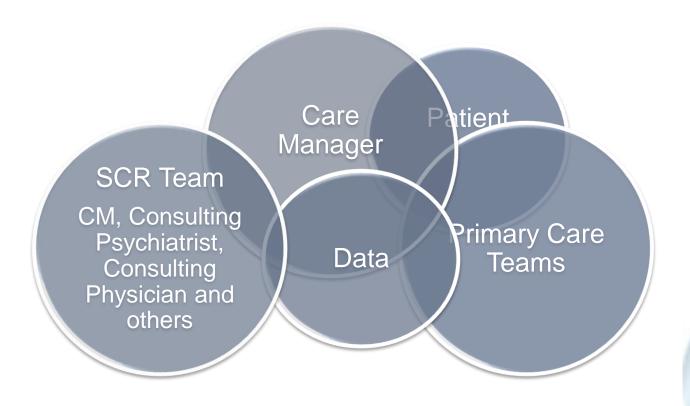
#### Psychiatrist Role

- Curb side consultant
  - Diagnosis
  - Treatment planning and modifications
  - Does not see the patient provides recommendations





## Collaborative Care Roles and Responsibilities







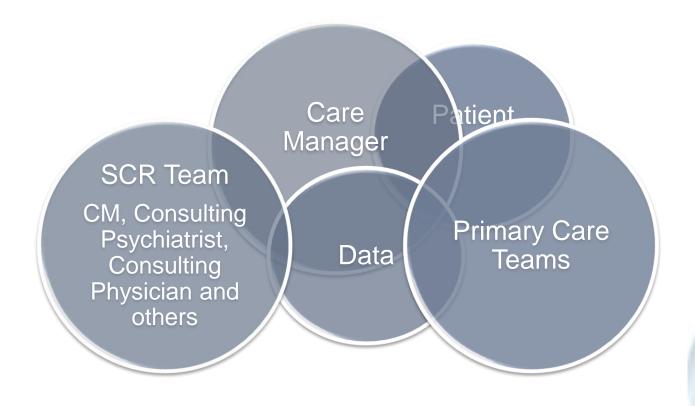
#### Medical Consultant

- Curb side consultant for the medical conditions (diabetes, CAD)
  - Medical management
  - Treatment planning and modifications
  - Not the patients primary care physician





## Collaborative Care Roles and Responsibilities







#### **Suicide Facts & Figures:**

#### Michigan 2018\*

Rectangular Snig





On average, one person dies by suicide every seven hours in the state.

More than twice as many people die by suicide in Michigan annually than by homicide.

The total deaths to suicide reflect a total of 27,778 years of potential life lost (YPLL) before age 65.



Suicide cost Michigan a total of \$1,501,780,000 of combined lifetime medical and work loss cost in 2010, or an average of \$1,189,058 per suicide death.

\*Based on most recent 2016 data from CDC. Learn more at afsp.org/statistics.



### leading cause of death in Michigan

2nd leading

cause of death for ages 15-34

4th leading

cause of death for ages 35-54

8th leading

cause of death for ages 55-64

19th leading

cause of death for ages 65 & older

#### **Suicide Death Rates**

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
Michigan	1,364	13.27	34
Nationally	44,695	13.42	

Retrieved from: ASP.ORG/STATEFACTS; American Foundation for Suicide Prevention afsp.org/StateFacts

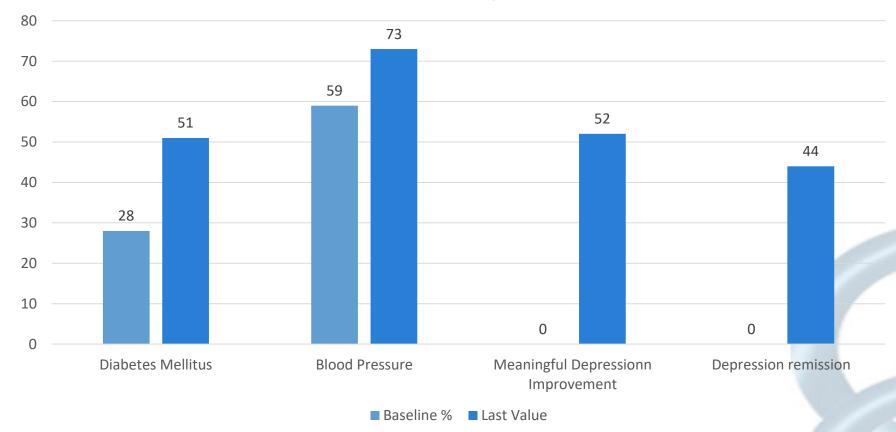






#### West Michigan N=471









#### Collaborative Care Works

- 1995 first randomized trial
  - N=217
  - Improved medication adherence
  - Improved depression control

Katon W, Von Korff M, Lin E, et al. Collaborative Management to Achieve Treatment GuidelinesImpact on Depression in Primary Care. JAMA. 1995;273(13):1026–1031. doi:10.1001/jama.1995.03520370068039





## Improving Mood and Promoting Access to Collaborative Treatment N=1,801 (IMPACT)

- IMPACT doubles depression care effectiveness
- Less physical pain
- Better functioning
- Higher quality of life
- Greater patient and provider satisfaction
- More cost-effective

Unützer J, Katon W, Callahan CM, et al. Collaborative Care Management of Late-Life Depression in the Primary Care SettingA Randomized Controlled Trial. *JAMA*. 2002;288(22):2836–2845. doi:10.1001/jama.288.22.2836





## Collaborative Care Helps Cochrane Review 2012

 Collaborative care is associated with significant improvement in depression and anxiety outcomes compared with usual care, and represents a useful addition to clinical pathways for adult patients with depression and anxiety.

Archer J, Bower P, Gilbody S, Lovell K, Richards D, Gask L, Dickens C, Coventry P. Collaborative care for depression and anxiety problems. Cochrane Database of Systematic Reviews 2012, Issue 10. Art. No.: CD006525. DOI: 10.1002/14651858.CD006525.pub2





## Collaborative Care helps mental and physical Health outcomes N=214

 Significant improvement in A1c, systolic blood pressure LDL cholesterol and depression scores

Katon, W. J., Lin, E. H. B., Von Korff, M., Ciechanowski, P., Ludman, E. J., Young, B., ... McCulloch, D. (2010). Collaborative Care for Patients with Depression and Chronic Illnesses. The New England Journal of Medicine, 363(27), 2611–2620. http://doi.org/10.1056/NEJMoa1003955





# Collaborative Care Helps Mental and Physical Health Outcomes N=3,609

• COMPASS initiative significant difference in A1c, blood pressure and depression scores

General Hospital Psychiatry, 2017-01-01, Volume 44, Pages 69-76





#### Collaborative Care is Faster

#### **Persistent Depression Symptoms**

Usual care 154 d

CoCare 31 d

#### **Depression Remission**

Usual Care 614 d

CoCare 86 d

Waitzfelder, B., Stewart, C., Coleman, K.J. et al. J GEN INTERN MED (2018) 33: 1283. https://doi.org/10.1007/s11606-017-4297-2





## Collaborative Care Prevents Suicide Ideation

- Prevention of Suicide in Primary Care Elderly: Collaborative Trial (PROSPECT) N=599
  - Improve remission rates of major depression at
    - 4 (26.6% vs 15.2%),
    - 8 (36.0% vs 22.5%),
    - 24 months (45.4% vs 31.5%).
  - 2.2 times less suicidal ideation at 24 months

"The adoption and widespread use of collaborative care models for depression could result in reduced suicide rates nationally."

McDowell, A. K., Lineberry, T. W., & Bostwick, J. M. (2011). Practical Suicide-Risk Management for the Busy Primary Care Physician. *Mayo Clinic Proceedings*, 86(8), 792–800. http://doi.org/10.4065/mcp.2011.0076





#### Collaborative Care Saves Lives

- Improving Mood and Promoting Access to Collaborative Treatment (n=272)
  - 8 years after intervention significantly less likely to experience a serious (including fatal) cardiovascular event than patients who received usual depression treatment

Psychosomatic Medicine. 76(1):29-37, JAN 2014





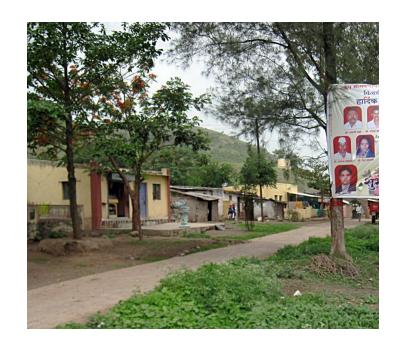
# **Primary Care Team**

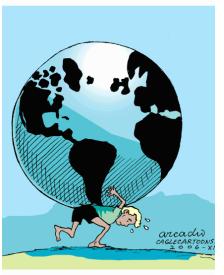
- Screen and identify candidates
- Learn and use care managers to help at risk patients
- Evaluate/Implement Systematic Case Review recommendations





## **Secret Sauce**









#### **Secret Sauce**

Frequent supportive interactions



Gen Hosp Psychiatry. 2017 Jan - Feb;44:86-90



# Retrospective Chart Review Patients with Diabetes in Poor Disease Control

(HbA<sub>1c</sub>, SBP, & LDL) N=161,697

- 20% 23% poor adherence
- Among those with adequate adherence, 30% 47% had no evidence of treatment intensification
- Poor adherence and lack of treatment intensification were found in 53% - 68% of patients with poor disease control

JA Schmittdiel, CS Uratsu, AJ Karter, M Heisler, U Subramanian, Why don't diabetes patients achieve recommended risk factor targets? Poor adherence versus lack of treatment intensification, Journal of general internal medicine 23 (5), 588-594





#### **Secret Sauce**

#### Treat-to-target

- Treatment titration
  - Frequent and consistent
  - Relentless, incremental increases
- Always
  - Increase to next step
  - If not, discuss why
- TTT Algorithm
  - Simplified and uniform approaches across conditions to achieve targets
    - Riddles et all, Diabetes Care, 2003
    - Kaiser Permanente, Care Management Institute





## When to Start Intensive Therapy

- United Kingdom Prospective Diabetes Study (UKPDS)
  - 50% have evidence of Diabetes related tissue damage at diagnosis

Retrieved from: https://www.dtu.ox.ac.uk/ukpds\_trial/protocol.php





# Collaborative Care Saves Money

- Improving Mood and Promoting Access to Collaborative Treatment (n=272)
  - \$3,365 per patient benefit over 4 years
  - \$6 saved for every \$1 spent
- \$1,129 per patient benefit in elderly adults with Depression and Diabetes over 2 years

Lipsitt, D. R. (2003). Psychiatry and the general hospital in an age of uncertainty. World Psychiatry, 2(2), 87–92.





"Primary care cannot be practiced without addressing mental health concerns, and all attempts to do so result in inferior care."



FRANK DEGRUY III, M.D., MSFM, Woodward-Chisholm professor and chair of the Department of Family Medicine at the University of Colorado





# **Closing Comments**

"Never doubt that a small group of thoughtful, committed, citizens can change the world. Indeed, it is the only thing that ever has."

-Margaret Mead







## Questions









# 10:45 - 11:00 AM BREAK





# 

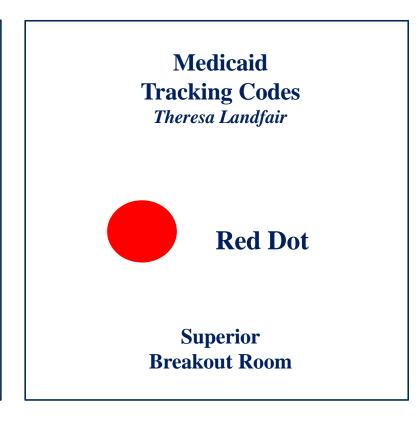
## Concurrent Breakout Sessions 11:00 – 12:00

Social Determinants of Health and Community Resources

Bethany Oberhaus, RN, BSN, MBA Lisa Nicolaou, RN, MSNI



Michigan Breakout Room





Note: The colored dot on the right side of your name badge indicates the morning breakout session that you will be participating in.





# Social Determinants of Health & Community Resources

LISA NICOLAOU MSNI, RN

NORTHERN PHYSICIANS ORGANIZATION

PROJECT MANAGER/ PROCESS ANALYST

BETH OBERHAUS MBA, RN, PMP
WEXFORD PHYSICIAN HOSPITAL ORGANIZATION
CLINICAL OPERATIONS DIRECTOR

# Learning Objectives:

A look at approaches to screening, engaging patients and building strong Clinical-Community Linkages



- Outline successful strategies for
  - SDoH screening
  - engaging patients and family
  - follow up of the linkages with community resources
- Summarize key steps for:
  - SDoH screening
  - assessing high priority needs of your practice's patient population
  - building community clinical linkages



- 1. Brief review of SIM structure
- 2. Historical barriers and Northern Michigan plan to overcome
- 3. Key steps and strategies for SDoH screening
- 4. Strategies for building Clinical-Community Linkages
- 5. Reinforce skills for successful change
- 6. How this work impacts our patients



#### This will not be:

A prescribed how-to discussion

A ready made solution to be dropped into a practice

Easy

Quick





# State Innovation Model (SIM)



#### **Community Collective Action/Integration**

Entire Community Health Innovation Region with shared community level goals, mutually reinforcing activities and shared accountability.

#### **Community Sector by Social Determinant**

Cross-sector and individual-sector alignment to build the infrastructure to meet the complex needs of individuals and families. *E.g. collaborative bodies, health improvement group and continuum of care.* 

#### **Organization/Agency/Provider**

Organizations are effectively screening the holistic needs of all individuals and have adopted a continuous improvement work culture to remain flexible to respond to the community needs. *E.g. Schools, health department and hub.* 

#### Individual/family

There is a Clinical Community Linkages (CCLs) framework that is coordinated across the community to screen and link individuals and families to organizations regardless of where the screening takes place.

The Social Determinants of Health (SDOH) are the conditions in which people are born, grow, work, live and age, and the wider set of forces and systems shaping the condition of daily life.

Overlapping work in the Clinical-Community Linkages

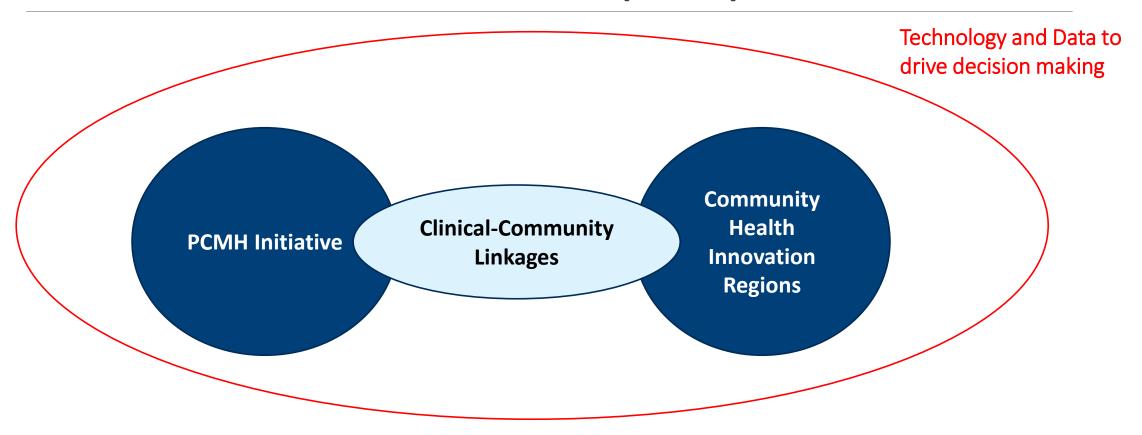


#### Social Determinants of Health

The Social Determinants of Health are the conditions in which people are born, grow, work, live and age and the wider set of force and systems shaping the conditions of daily living.



# State Innovation Model (SIM)



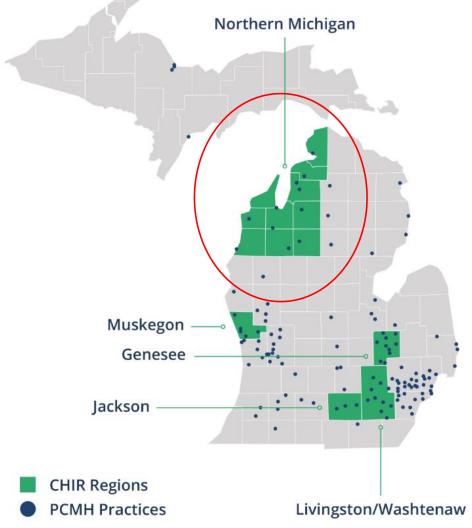
Overlapping work in the Clinical-Community Linkages



# Community Health Innovation Region (CHIR)

A broad partnership of community organizations, local government agencies, business entities, healthcare providers, payers, and community members that come together to identify and implement strategies that address community priorities.

A primary goal of the CHIR initiative is to address nonmedical factors that affect health, such as housing and food insecurity, by supporting connections between primary care practices and community service providers, often referred to as clinical-community linkages.





# Northern Michigan Community Health Innovation Region

Public Health Alliance acting as the Back Bone Organization

Geographic, socioeconomic and cultural diversity

Started collaborative work prior to the start of SIM

Foundation in successful elements in from the Northern region





# Identified barriers to addressing SDoH:

- Difficult to aggregate data
- Administrative burden overload
- No one source of truth about what community resources were available
- Required significant collaboration
- No standardized way to screen for needs
- Lack of feedback to primary care

The NMCHIR response to these barriers was to develop a regional approach based on the strengths and weaknesses identified through community discussion.









# Navigation

Some individuals will be able to successfully resolve their unmet needs independently while others will need assistance to navigate the complex web of social services



#### **PCMH Team Navigation:**

- Care Manager, Care Coordinator
- Other staff who assist patients to locate community resources
- Work was being done in many practices before SIM
- Some practices opted to continue to screen and refer independently

#### **Community Navigation Team:**

- 5 person team (RN, SW, CHW, Coordinator, intake worker)
- Evidenced based practice using the CHAP / Pathways model
- This existed in the community on a smaller scale prior to SIM but SIM allowed the resource to expand and move towards self-sustainability
- Available to patients regardless of the way in which they were identified as having needs

# Web Enabled Screening and Referral

Phased approach to building the technology:

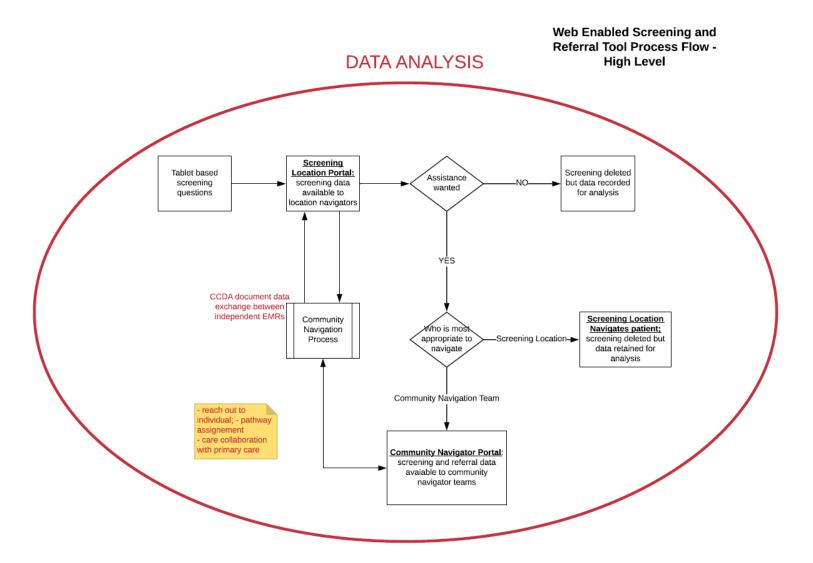
- Phased development and use of the tool
- Understand barriers from all perspectives
- End users invested in the development of the tool
- Decreased administrative burden; proactive vs. responsive

Once we know that the screenings are happening; what about care collaboration?

- Whaaaat....another separate site to log into?
  - CCDA documents (data exchange with an EMR)

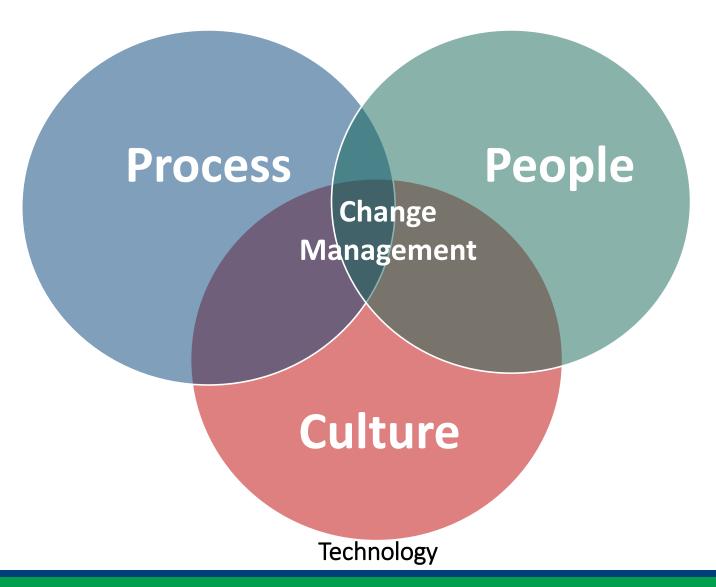


# Visual of NMCHIR screening process





# Remember Change is Hard





# Rural Approach: What separates this CHIR approach from others?

#### Standardized screening questions

• Improved ability to analyze and exchange data

#### NMCHIR convenes collaborative partners

- Create capacity for an effective regional approach
- Shared vision, collaborative/ complimentary processes

#### Web enabled screening process

- Easier data aggregation and analysis
- Built to accommodate growth
- SIM is a test; state looking for well developed tools to use in broader context

LEAN methodology for improvement







#### **PRO**

- Collaborative approach to connecting to community resources
- Regional data aggregation
  - Tells the story in data; measurable
- Decreased administrative burden at the community and practice levels
  - Changes are made once and carried through the system
- Evidenced based approach to navigation

#### CON

- Less local control
  - Always easier to input information into an individual EMR
- Not quick to get that level of collaboration
- Large projects often have challenges in coordinating lead agencies
  - (CHIR & PCMH Initiative)
- Process improvement knowledge in the PCP offices is fundamental; building a process with outside partners
- Requires dedicated time; huddles, meetings, investment by teams



# Practice Based Approach

- •Why would a practice choose not to participate with the Web enabled tool?
  - Not in the CHIR region
  - Pre-existing process/ team in place
  - EMR systems and data aggregation already in place
- Questions directly in the EMR or paper based
- Screening analysis at the practice level
- First line of triage at the practice level
  - Sent on to community resources directly
  - Sent on to navigation assistance at the community level
  - Kept in practice







#### The Good and the Bad

#### **PRO**

- Fastest to implement
- Does not require agreement among community partners on content or process.....faster
- Data resides locally
  - Changes made locally
- Full control



#### CON

- Data resides locally
  - Difficult to extract community data
  - Requires manipulation at the PCMH level
- Not just input but how to get data back in a meaningful way
- When changes are necessary must occur across all sites
- Easy to have other priorities distract
- Multiple communication pathways with different community resources which constantly change
- Requires constant updates to community resource information...great if 211...not great if 211 not available



#### Lessons Learned

"Lessons in life will be repeated until they are learned"

Frank Sonnenberg



- One size does not fit all
- •Multi dimensional problem... collaborative solution
- •Who's driving the bus???
  - Need champion and change management skills to be effective long term
- Any change process requires flexibility
  - Set the expectations early and frequently
    - Build capacity for change
- Learning to manage change effectively is a huge win



#### Time to Think Outside the Box





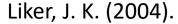
### Process Improvement Principles

14 principles of the Toyota Way (Great book)

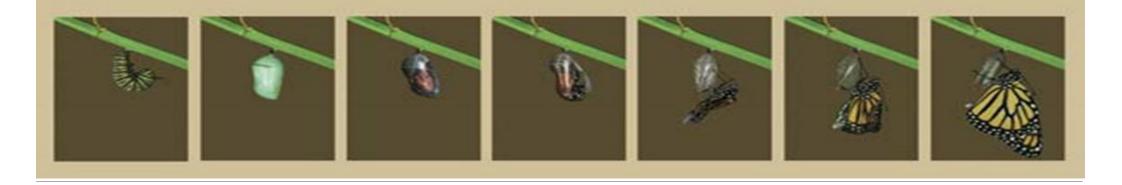
Lean Principle #4 Respect for People:

- Standardized Work is a consistent method for performing a process developed by the people that know the processes best
- Have a Champion of the work (do you sense a theme here)









### Lean Principle #5: Strive for perfection through continuous improvement:

- Standardized Work is the foundation for Continuous Improvement
  - There are many benefits of Standardized Work
  - All roads in Lean lead to Standardized Work
- Frequent short communication touchpoints (huddles) ongoing
- Support for a long while (30, 60, 90 days are basic process improvement timelines)
- Small changes not sweeping



### Best Practices for SDoH screening: Process Improvement Concepts continued

- Remember to not over analyze
  - It is going to change: decisions are good enough
- Think ahead to how you are going to measure improvement
  - Build that into the process
- Provide analytics from the beginning
  - Screening rates
  - Conversion rates
- Takes time to understand what other organizations in the process bring to the table (regional work)
  - These community partners have not always worked together
  - May not understand what each other really do



#### TIPS:

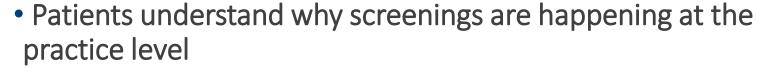
## Improvement strategies for PCMH staff



- Introduction/Scripting
  - Key understanding of why assessing these needs relates to the practice of health care
  - How identifying these needs can assist people in becoming healthier
- Screening via tablet or paper? Pick one
  - Be open to the other
- Follow up on the screenings at the time of the visit
  - Takes time to make this happen
  - Widening the team
  - Slow steady changes that are managed vs. abrupt change process
- Assess PCMH practice's experience with locating and making clinical community linkages
  - Recognize and identify areas in which community resources are not in place to meet the needs of patients. It takes time, resources and community changes to address areas of unmet need

#### TIPS:

## Engaging Patients and Families



- Team needs to understand not just what to do but why
- Shared value
- Layers of decision making
  - Clear role definition at all levels
- Motivational Interviewing skill
  - Scripting
  - See clear roles
- Standardized processes
  - Documented process
- Team attention to drive the project forward
  - Must have clear leadership and support of the providers



# TIPS: Follow-up on Community Linkages

Is there a perfect world?

Plato



- Navigation at the PCMH
  - Established well rounded teams
  - CHW, MSW, RN, teams established to deal with the complex patient needs internally (FQHC, RHC)
- Minimal resources currently available in practice
  - Depending on CM / Care coordination teams (RN, LPN, MA)
  - Likely full panels of patients looking more at TOC, Chronic disease, ACP,
     Multiple complex diseases more medical need vs. SDoH needs
  - Learning curve much higher when SDoH is not primary focus
- Navigation by partner navigators
  - Whether you participate with the HUB teams or not, PCMH can't do this alone
- In a perfect world
  - Shared roles and communication (housing issue)

#### TIPS:

## Assessing High Priority Needs of Populations

- You know your patient population best
  - What needs are highest and impact care most
- What about the patients that your practice rarely sees
  - How to close the gap
  - Bring patients back to primary care foundation
- Annual visits but then expanding
  - TOC visits
  - Care management appointments
  - Follow up chronic disease visit
  - New diagnosis visits
  - Has to be a plan to how to assess





### SUCCESS

Because you too can own this face of pure accomplishment



#### References:

Kub, J.E., Kulbok, P.A., Miner, S. & Merrill, J.A. (2017, September - October). Increasing the capacity of public health nursing to strengthen the public health infrastructure and to promote and protect the health of communities and populations. *Nursing Outlook*, 65(5), 661-664.

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Reid, R.J, & Larson, E.B. (2012, July 27). Improvement happens: Doctors talk about the medical home, an interview with Charles Mayer, MD, MPH and Eric Seaver, MD. *Journal of General Internal Medicine*, 27(7), 871-875.

Suneja, A., & Suneja, C. (2010). Lean Doctors: A Bold and Practical Guide to Using Lean Principles to Transform Healthcare Systems, One Doctor at a Time. Milwaukee, Wisconsin: Quality Press





### Medicaid Tracking Codes

THERESA LANDFAIR

**PROGRAM SPECIALIST** 

MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES (MDHHS)

## Care Management and Coordination: 2018 Tracking Codes

• The PCMH Initiative requires all participating practices to track Care Management and Coordination Service provision using a designated set of Healthcare Common Procedure Coding System (HCPCS) and the American Medical Association's Current Procedural Terminology (CPT) codes.

Code	Quick Description
G9001	Comprehensive Assessment
G9002	In-person Encounter
98966, 98967, 98968	Telephone Services
99495, 99496	Care Transition
G9007	Team Conference
G9008	Physician Coordinated Care Oversight Services
98961, 98962	Group Education and Training
S0257	End of Life Counseling

New codes added for 2018: Could bill these codes as of 1/1/2018



#### SIM PCMH Initiative:

#### Why do we use the CMCC Tracking Codes

1. Submission of the Care Management and Coordination service claims supports one of the SIM PCMH Initiative Care Management and Coordination Metrics:

Any patient who has had a claim with one of the applicable codes during the reporting period

**Eligible Population** 

- 2. Regular claims submission supports more than the SIM PCMH Initiative!
  - Shows the value of a Patient Centered Medical Home to Medicaid beneficiaries
  - Shows the value of provider delivered care management and coordination to Medicaid beneficiaries



#### SIM PCMH Initiative:

#### General Conditions for Tracking Code Use

For SIM PCMH Initiative Care Management and Coordination services to be tracked within the Initiative, the following applies:

- The patient must be within the SIM PCMH Initiative Eligible Population.
- Services must ordered by a Primary Care Provider within the approved practice; a note indicating these services were ordered must be in the medical record.
- Services performed must be based on patient need
- Service is performed by the appropriate qualified, non-physician health care professional employed or contracted with the approved practice or PO
- Billed to participating Medicaid Managed Care Organizations in accordance with Medicaid billing guidelines
- There is no cost share (copay, coinsurance or deductible) for Care Management and Coordination services.



#### SIM PCMH Initiative:

#### Eligible Patient Population

A Medicaid beneficiary must have full Medicaid coverage and be served through a Medicaid managed care organization (Medicaid Health Plan) to be attributed to a participating practice and provider within the SIM PCMH Initiative:

Included Benefit Plans:	
ВМР	Benefits Monitoring Program
MA-HMP-MC	Healthy Michigan Plan – Managed Care
MA-MC	Medicaid – Managed Care
TCMF	Targeted Care Management Flint

A patient's eligibility can be verified on both the PCMH Patient Lists produced by the Michigan Data Collaborative on a monthly basis, or by checking the Community Health Automated Medicaid Processing System (CHAMPS).



### Care Management and Coordination:

#### General Service Documentation Requirements

All Services rendered should be documented in electronic Care Management and Coordination Documentations Tools (either a stand alone product or component of EHR), with information accessible to all care team members at the point of care.

Documentation should, at a minimum, include the following:

- Date of Contact\*
- Duration of Contact
- Method of Contact
- Name(s) of Care Team Member(s) Involved in Service
- Nature of the discussion and pertinent details regarding updates on patient's condition, needs, progress related to care plan with goals and target dates



<sup>\*</sup> Date of service reported should be the date the care management and coordination service took place. In some cases, a service may take place over the course of more than one day, in such an event the date of service reported should be the date the service was completed

#### Current Status Update

As of October 2018, all PO's and practices should be submitting the tracking codes to the Medicaid health plans.

Here are some helpful hints for when problems arise:

- What to do when patient lists do not match the population you are treating.
- Who to contact when your claims aren't reflected in CHAMPS.
- When to contact the SIM Initiative for assistance.



## What to do when patient lists do not match the population you are treating

We have had concerns expressed by providers that patient lists do correctly reflect the patient panel of their practice.

- It has taken considerable effort to correct the inaccuracies.
- •We are now requesting that you immediately contact the health plan when discrepancies are noticed to ensure corrections are made immediately.
- •For that reason, the lists need to be checked monthly by the practice.



## Who to contact when your claims aren't reflected in CHAMPS

If after 60 days past the date of your clean claim adjudication you are unable to see your claim in CHAMPS, contact your health plan representative.



## When to contact the SIM initiative for assistance

When issues arise regarding your patient lists or tracking claims are not resolved in a timely fashion, contact the SIM Initiative and state staff will contact the practice and health plan.



#### Additional Questions and Resources

MDHHS-SIMPCMH@michigan.gov

SIM Care Delivery Webpage



### Theresa Landfair, Specialist, Managed Care Plan Division Medical Services Administration

Katie Commey, MPH
SIM Care Delivery Lead
Policy, Planning, and Legislative Services Administration

Laura Kilfoyle, MPA
SIM Care Delivery Coordinator
Policy, Planning, and Legislative Services Administration



### Addressing Behavioral Health Needs In The Primary Care Setting

LAURISA CUMMINGS, LMSW
CHILDREN'S MEDICAL GROUP OF SAGINAW BAY

### Learning Objectives

- Explain effective mental health management through the care team, including integration of behavioral health into primary care
- Identify best practice and lessons learned when advancing care management services and implementing behavioral health screening into primary care
- Discuss behavioral health screening and follow up, matching resources to address practice population needs



### Agenda

- •Learners will be able to discuss behavioral health conditions commonly treated in primary care practices
- •Learners will be able to identify screening tools in which to screen for particular behavioral health conditions
- •Learners will be able to use evidence-based tools for improved assessment and management of behavioral health issues
- •Learners will be able to identify referral processes to address behavioral health needs
- •Learners will be able to identify additional billing opportunities for care managers who hold a LMSW



### Rationale to Address Mental Health Needs in Primary Care

- 56% of American adults with a mental illness did not receive treatment (Mental Health America 2017)
- 1.7 million youth with major depressive episodes did not receive treatment (Mental Health America, 2017)
- One half of all chronic mental illness begins by the age of 14; three-quarters by the age of 24 (National Institute of Mental Health, 2017)
- 90% of those who die by suicide have an underlying mental illness; suicide is the 10<sup>th</sup> leading cause of death in the U.S. (National Institute of Mental Health, 2017)



### Michigan Statistics

- •Michigan ranked 23 of all states having lower prevalence of mental health and substance use issues
- •Michigan ranked 19 of all states having lower prevalence of mental illness and higher rates of access to care for adults
- •Michigan ranked 17 of all states having lower prevalence of mental illness and higher rates of access to care for youth
- •Michigan ranked 16 of all states providing access to insurance and mental health treatment for adults and youth
- •Michigan ranked 22 of all states providing mental health workforce availability with a ratio of 460:1 (includes psychiatrists, psychologists, LSMWs, counselors, LMFT, and NPs)

(National Institute of Mental Health, 2017)



### Why Addressing Behavioral Health Needs In Primary Care Settings Is So Important

- Increased compliance
- Lessen stigma of mental health needs
- Increase self management of chronic mental health needs
- Improved coordination of care
- Decreased morbidity
- Preventative services
- Integration of physical and emotional care



## Behavioral Health Integration: Resources For Primary Care Use

- American Academy of Pediatrics (<a href="https://www.aap.org">https://www.aap.org</a>)
- SAMHSA-HRSA for Integrated Health Solutions (CIHS) (https://integration.samhsa.gov)
- National Alliance on Mental Health (<a href="https://nami.org">https://nami.org</a>)
- World Health Organization (<a href="https://who.int">https://who.int</a>)



## Behavioral Health Integration: Two Example Models

Mental Health Tool Kit, American Academy of Pediatrics

www.aap.org

Mental Health Initiatives, Primary Care Tools

A Global Perspective, World Health Organization

www.who.int/en/

Mental Health, Policies and Services



## Where To Begin: Advancing Care Management, Adding Behavioral Health Services

#### Social Determinants of Health

Domains of Social Determinants of Health:

Healthcare, food, employment & income, housing and shelter, utilities, family care, education,

transportation, personal and environmental safety, and general

#### **ACES Screening**

Pair of ACEs:

Screening for adverse childhood experiences (ACEs)

Addressing adverse community environments (ACEs)

(http://go.gwu.edu/BCR)



#### Social Determinants of Health

#### Healthcare

- o In the past month, did poor health keep you from doing your usual activities, like work, school or a hobby?
- O In the past year, was there a time when you needed to see a doctor but could not because it cost too much?

#### Food

- o In the past year, did you ever eat less than you needed to because there was not enough food?
- Employment & Income
  - o Is it hard to find work or another source of income to meet your basic needs?
- Housing & Shelter
  - Are you worried that in the next few months, you may not have housing?

#### Utilities

o In the past year, have you had a hard time paying your utility company bills?



### Social Determinants of Health, Cont'd

#### Family Care

• Do you need help finding or paying for care for loved ones? For example, child care or day care for an older adult.

#### Education

• Do you want help with school or job training, like finishing a GED, going to college, or learning a trade?

#### Transportation

• Do you ever have trouble getting to school, work, or the store because you don't have a way to get there?

#### Personal and Environmental Safety

Do you ever feel unsafe in your home or neighborhood?

#### General

• If you answered yes, would you like to receive assistance with any of these needs? Yes No

Are any of your needs urgent? Yes No



#### Pair of ACEs

#### The Pair of ACEs

#### **Adverse Childhood Experiences**

Maternal Depression

Emotional &

Substance Abuse

Sexual Abuse

**Domestic Violence** 

Physical &

**Emotional Neglect** 

Divorce

Mental Illness

Incarceration

Homelessness

**Adverse Community Environments** 

Poverty

Discrimination

Community Disruption Lack of Opportunity, Economic Mobility & Social Capital Violence

Poor Housing Quality & Affordability

Ellis, W., Dietz, W. (2017) A New Framework for Addressing Adverse Childhood and Community Experiences: The Building Community Resilience (BCR) Model. Academic Pediatrics. 17 (2017) pp. S86-S93. DOI information: 10.1016/j.acap.2016.12.011



## Screening Tools Used For Behavioral Health In Primary Care Settings

PHQ-9 Initial Depression Screening Tool

**KADS-Depression Screening Tool** 

MDQ-Bipolar Screening Tool

**SCARED-Anxiety Screening Tool** 

Suicide Lethality Screening Tool

MCHAT-R Screening Tool for Autism

AQ-10 Child Screening Tool for Autism (Age 4-11)

AQ-10 Adolescent Screening Tool for Autism (Age 12-15)



## Screening Tools Used For Behavioral Health In Primary Care Settings, Cont'd

GAD-7 Anxiety Screening Tool for Adults

**Edinburgh Postnatal Depression Scale** 

**AUDIT-Alcohol Use Disorders Identification Test** 

CAGE AID- Screens for drug and alcohol use

Columbia-Suicide Severity Rating Scale (C-SSRS)

Life Event Checklist-Screens for potentially traumatic events during lifetime

**ACEs-Adverse Childhood Experiences** 



## Commonly Identified Behavioral Health Needs In The Primary Care Setting

- ADHD/ADD and Autism
  - Both pediatric and adult
  - Evaluation and treatment options
- General Behavioral Concerns
- Social Pragmatic Communication Disorder



# Commonly Identified Behavioral Health Needs In The Primary Care Setting, Cont'd

- Mental Health
  - Depression
  - Anxiety
  - Suicidality
  - Bipolar
  - Need for acute hospitalization
- Delays In Development
  - Referral and treatment options
- Fatigue, Stress from Chronic Conditions



# Meeting The Patient's Needs: Behavior Health and Care Management

#### Care Management and Coordination

- Medication Management
  - PCP vs. Psychiatry written, oversight
- Transportation Needs
  - Community support and coordination
- Appointment Coordination
- Collaborative Communication
  - Internal AND external
  - Team Huddles, coordination and communication with specialists
- Additional Services and Needs
  - Referrals, coordination, and collaboration



# Meeting The Patient's Needs: Behavior Health and Care Management, Cont'd

#### **Behavioral Health Needs**

- Psychiatry Needs
  - Referral, medication management and oversight
- Counseling Needs
  - Internal referral vs. external referral
- Additional Services and Need
  - Referrals, coordination, and collaboration



# Patient Referrals: Differentiating Care Management and Behavioral Health

- Care Management Referrals
  - Completed by care manager, billing G Codes, Phone Codes, and S Code
    - Chronic Disease Management
    - Patient Education
    - Self Management
- Behavioral Health Referrals
  - Completed by mental health specialist credentialed with health insurance provider, billing behavioral health codes
    - Individual, family, group, and crisis behavioral health needs
    - May be referred internally or to external providers



# Care Management Coordination of Behavioral Health Needs

Services completed by any trained care manager:

- (1) G9001 Assessment and (2) G9002 Face to Face Visits:
  - Completed by approved, trained care manager

G9001 – Comprehensive Assessment and Care Plan\*

Education: Assessment-G9001

- Include patient and care giver assessment, discussion and collaboration:
  - Beliefs about diagnosis
  - Basic education about diagnosis
  - Dispel myths
  - Provide hope
  - Collaborate with Psychiatrist, PCP



<sup>\*</sup>For details see the SIM Care Management and Coordination Tracking Quick Reference Guide

# Care Management Coordination of Behavioral Health Needs, Cont'd

Prevention-G9002 Face to Face Visit

- •SIM face to face criteria must be met
  - Triggers
  - Identify and highlight strengths
  - Identify barriers and ways to overcome barriers
  - Collaborate with Psychiatrist, PCP
  - Modify care plan

Management and Rescue-G9002 Face to Face Visit

- •SIM face to face criteria must be met
  - Daily treatment
  - Develop rescue, crisis plan
  - Collaborate with Psychiatrist, PCP
  - Modify care plan



## **Beyond Care Management**

#### Care management may not be enough

- •Chronic disease management leads to fatigue, which leads to mood, behavioral concerns
- •Services may be limited due to care manager's licensure

#### Other services that may be necessary

- Behavioral health counseling
- Medication management
- Specialist for further evaluation and treatment



# Behavioral Health Services: Internal and External

#### External behavioral health services

- Psychiatrist, Psychologist, Neuro Psychologist, Physician Assistant, Nurse Practitioner
- Counseling services
- •Inpatient, outpatient behavioral health services

#### Internal behavioral health services

- •Psychiatrist, Psychologist, Neuro Psychologist, Physician Assistant, Nurse Practitioner
- Counseling services



# LMSW Behavioral Health Billing Opportunities

#### **Behavioral Health Codes**

- Becoming Credentialed
  - Coordinate and credential through participating health insurance providers
  - Will be necessary to gain an understanding of contract rules, accepting providers, limitations, billing procedures
- Billing Procedures
  - Develop procedures and policies
  - Develop confident understanding of billing practices
  - Collaborate with other practicing professionals
    - NASW
    - SIM BCBSM collaborative efforts



# Behavioral Health Treatment-Internal LMSW Specific Treatment Methods

- Motivational Interviewing
- Cognitive Behavioral Therapy
- Dialectical Behavior Therapy
- Trauma Focused Cognitive Behavior Therapy
- Applied Behavioral Therapy
- Forensic Interviewing



# SIM/Behavioral Health Coding Algorithm

Please refer to hand out





# Behavioral Health Coding 101 – Commercial Codes

# Behavioral Health Coding 101 – Commercial Codes

Assessment-1+ visits, Annual, Significant changes			90791	
Face to face visit per minutes	16-37		90832	
	38-52		90834	
	53+		90837	
	60-89	90	0837,99354	
Each 30+ minutes		90837, 99354	1, 99355 (#)	
Group Therapy 2+ Non-family group			90853	
Crisis Visit Per Minutes 30-74	90839	Each 30+ minutes	90840	



# Behavioral Health Coding 101, Cont'd

Family therapy (27-59 minutes) with patient	90846
Family therapy (27-59 minutes) without patient	90847
Family therapy of 2+ family members	90849
60-89 minutes	99354
60-89 minutes, each 30+ minutes	99354, 99355
Report not for court purposes	90889
Interactive complexity present	90785*



<sup>\*</sup>Interactive Complexity can be added to all behavioral health visits

# Behavioral Health Coding 101, Cont'd

#### Referral and Intake Process

#### Benefits, Coding and Billing

- Very important to determine benefits of patient BEFORE visits begin
- Submit prior authorizations as required BEFORE visits begin
- Select appropriate coding and bill accurately with each visit

#### Diagnosis

Select most specific and appropriate diagnosis with each visit



## References

Block, R.W. (2015, February). Recognizing the importance of the social determinants of health. *Pediatrics* 135 (2), 526-d527.

Garg, A., Toy, S., Tripodis, Y., Silverstein, M., & Freeman E. (2015, February). Addressing social determinants of health at well child care visits: A cluster RCT. *Pediatrics*, 135(2), 296-304.

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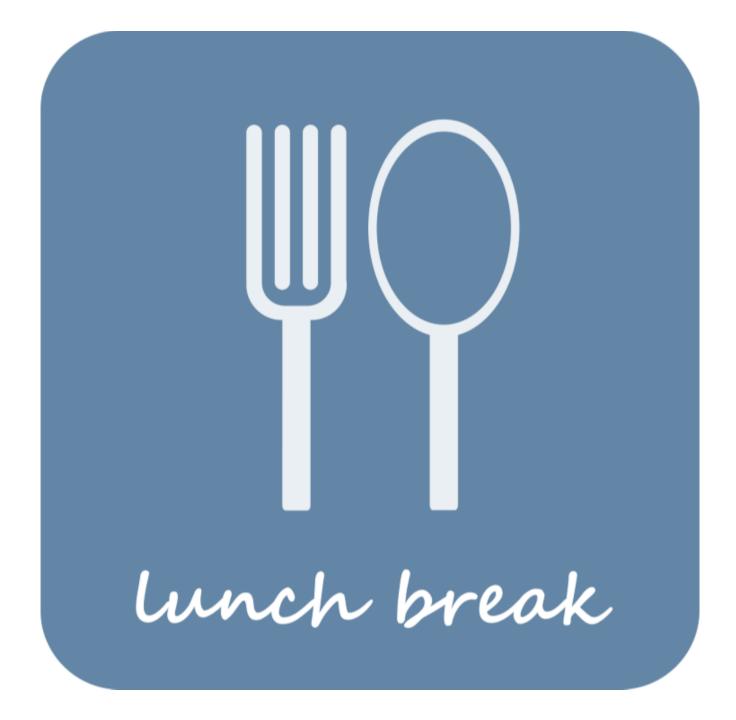
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12:00 - 12:45 PM LUNCH





# 

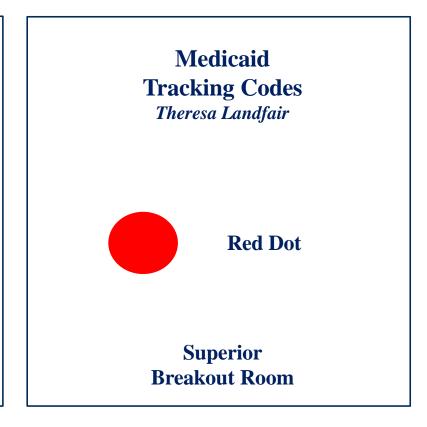
## Concurrent Breakout Sessions 12:45 - 2:00

**Practice Workflow for Target Populations** 

Bethany Oberhaus, RN, BSN, MBA Matthew Hutchinson BSN, RN, PCCN Lisa White MHA, MSN, RN



Michigan Breakout Room





Note: The colored dot on the left side of your name badge indicates the afternoon breakout session that you will be participating in.





# Practice Workflow for Target Populations

MATTHEW HUTCHINSON BSN, RN, PCCN
DIABETES EDUCATION PROGRAM LEAD
MUNSON HEALTHCARE CADILLAC

BETHANY OBERHAUS MBA, RN

CLINICAL OPERATIONS DIRECTOR

WEXFORD CRAWFORD PHYSICIAN HOSPITAL ORGANIZATION

LISA WHITE MHA, MSN, RN
DIRECTOR OF HOME CARE
MUNSON HEALTHCARE

## Learning Objective

Describe workflow for a specific patient population, using standing orders, standard activity guides, and/or protocols for two or more team members



## Agenda

Describe work flow for a specific patient population

Discuss key community partners and out of the box thinking

Explain utilization of standard orders, standard education pathways across different team members outside the walls of the PCMH



## Community Partners are Vital

- Expands expertise
- Gets the right care to the right patient at the right time
- We are better together







# Patient Focused Approach to Diabetes Education

THE PERFECT STORM

## History

Traditional Diabetic Education program

Group focus

Small number of patients touched

 5-7% of DM access their DSME benefit

One learning style

Sustainability issues



Care Management developing

Motivational interviewing

Capacity issues

- PCMH CM are busy seeing the most complex patients
- Need support to better manage "moderate" patients with DM





# Physician Hospital Organization - Hospital Diabetes Education Partnership

- Planning process
  - Community committee
  - New Certified Diabetes Educator (CDE) grow our own
    - Partnership with Munson
- Collaboration with PCP care managers and office staff
  - Pilot with 2 practices
  - CDE dual role as Complex Care Manager
  - Billing issues with FQHC and RHC added complexity
  - Separating facility from CM codes
    - o Partnership with Physician Hospital Organization to allow deeper development with PCP and CM
  - Shared Care Plan
    - Real time engagement with PCP
- Addition of tele-health
  - More patient centered
  - 5-7% of DM access their Diabetes Self Management Education benefit



### **Process**

- All patients receive initial Face to face
  - Develop patient center care plan (review to maximize insurance options)
    - Referral form changed to give CDE flexibility without needed additions process for provider
    - Increased bi-directional communication with PCP
- Success Story





## **Key Concepts**

- Diabetes Self-Management Education and Support (the new S is for Support)
  - Support and relationship is the driving focus
  - In the relationship is where change happens
    - Understanding patients goals and barriers and finding creative solutions to engagement
- These are key concepts in CM now being applied to Diabetes Self-Management Education and Support
  - This points to on going changes to how Diabetes education programs will be developing and reimbursed for



# Next Steps: Technology



- Allows for increased engagement
- Meeting patients where they are at
  - Less time off work
- In the future text reminders and questionnaires so we reach out when patients need it





# Partnership Approach to Chronic Obstructive Pulmonary Disease (COPD)

TAKING TECHNOLOGY TO THE NEXT LEVEL

## History

- Developed partnership with Home Care and Physician Hospital Organization
- Shared data drivers
  - Readmission rates for COPD patients were poor
- Care Managers in community maxed out with complex patients
  - No need for competition on who was going to manage patients



# Collaborative Approach

- Home Care
- Hospital Discharge planning
- Transitions of Care Nurse
- Physician Hospital Organization
- Pulmonary Rehab
- Hospitalists
- Palliative Care Physician



## **Build Rescue Kit**

- Started with PCP (several years ago)
  - Without a lot of buy in
- Reintroduced with support from Home Care and Palliative Care Provider
  - Brought to Hospitalists
  - Orders to start from IP discharge



# Add Technology



- Home Care pilot in Cadillac
- Utilize data to identify core group of patients based on
  - Home care utilization
  - Number of hospital stays
  - Access to Physician Hospital Organization CM



## Lessons Learned

- Implement LEAN process improvement
- Follow up regularly to keep project going
- Get provider feed back
- Don't give up
- Still learning...



## References

- Wang, G, Zhang, Z, Feng, Y, Sun, L, Xiao, X, Wang, G, Zhang, H,.... Sun, C. (2017, January). Telemedicine in the management of type 2 diabetes mellitus. *The American Journal of the Medical Sciences*, 353(1), 1-5.
- Barken, T.L, Thygesen, E., & Shoderman, U. (2017, December). Advancing beyond the system: telemedicine nurses' clinical reasoning using a computerized decision support system for patients with COPD an ethnographic study. BMC Medical Informatics and Decision Making. Retrieved from <a href="https://doi.org/10.1186/s12911-017-0573-7">https://doi.org/10.1186/s12911-017-0573-7</a>
- Beck, J., Greenwood, D & Blanton, L. (2018, January). National standards for diabetes self-management education and support. *The Diabetes Educator*. 44(1) 35 50. Retrieved from <a href="https://doi.org/10.1177/0145721718754797">https://doi.org/10.1177/0145721718754797</a>
- Gabbay, G. (2017, August). Driving Change and Innovations. AADE17 presentation. Retrieved from <a href="https://www.diabeteseducator.org/docs/default-source/annual-meetings/aade17/d05.pdf?sfvrsn=2">https://www.diabeteseducator.org/docs/default-source/annual-meetings/aade17/d05.pdf?sfvrsn=2</a>





## Medicaid Tracking Codes

THERESA LANDFAIR

**PROGRAM SPECIALIST** 

MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES (MDHHS)

## Care Management and Coordination: 2018 Tracking Codes

• The PCMH Initiative requires all participating practices to track Care Management and Coordination Service provision using a designated set of Healthcare Common Procedure Coding System (HCPCS) and the American Medical Association's Current Procedural Terminology (CPT) codes.

Code	Quick Description
G9001	Comprehensive Assessment
G9002	In-person Encounter
98966, 98967, 98968	Telephone Services
99495, 99496	Care Transition
G9007	Team Conference
G9008	Physician Coordinated Care Oversight Services
98961, 98962	Group Education and Training
S0257	End of Life Counseling

New codes added for 2018: Could bill these codes as of 1/1/2018



### SIM PCMH Initiative:

### Why do we use the CMCC Tracking Codes

1. Submission of the Care Management and Coordination service claims supports one of the SIM PCMH Initiative Care Management and Coordination Metrics:

Any patient who has had a claim with one of the applicable codes during the reporting period

**Eligible Population** 

- 2. Regular claims submission supports more than the SIM PCMH Initiative!
  - Shows the value of a Patient Centered Medical Home to Medicaid beneficiaries
  - Shows the value of provider delivered care management and coordination to Medicaid beneficiaries



### SIM PCMH Initiative:

### General Conditions for Tracking Code Use

For SIM PCMH Initiative Care Management and Coordination services to be tracked within the Initiative, the following applies:

- The patient must be within the SIM PCMH Initiative Eligible Population.
- Services must ordered by a Primary Care Provider within the approved practice; a note indicating these services were ordered must be in the medical record.
- Services performed must be based on patient need
- Service is performed by the appropriate qualified, non-physician health care professional employed or contracted with the approved practice or PO
- Billed to participating Medicaid Managed Care Organizations in accordance with Medicaid billing guidelines
- There is no cost share (copay, coinsurance or deductible) for Care Management and Coordination services.



### SIM PCMH Initiative:

### Eligible Patient Population

A Medicaid beneficiary must have full Medicaid coverage and be served through a Medicaid managed care organization (Medicaid Health Plan) to be attributed to a participating practice and provider within the SIM PCMH Initiative:

Included Benefit Plans:	
ВМР	Benefits Monitoring Program
MA-HMP-MC	Healthy Michigan Plan – Managed Care
MA-MC	Medicaid – Managed Care
TCMF	Targeted Care Management Flint

A patient's eligibility can be verified on both the PCMH Patient Lists produced by the Michigan Data Collaborative on a monthly basis, or by checking the Community Health Automated Medicaid Processing System (CHAMPS).



## Care Management and Coordination:

### General Service Documentation Requirements

All Services rendered should be documented in electronic Care Management and Coordination Documentations Tools (either a stand alone product or component of EHR), with information accessible to all care team members at the point of care.

Documentation should, at a minimum, include the following:

- Date of Contact\*
- Duration of Contact
- Method of Contact
- Name(s) of Care Team Member(s) Involved in Service
- Nature of the discussion and pertinent details regarding updates on patient's condition, needs, progress related to care plan with goals and target dates



<sup>\*</sup> Date of service reported should be the date the care management and coordination service took place. In some cases, a service may take place over the course of more than one day, in such an event the date of service reported should be the date the service was completed

### Current Status Update

As of October 2018, all PO's and practices should be submitting the tracking codes to the Medicaid health plans.

Here are some helpful hints for when problems arise:

- What to do when patient lists do not match the population you are treating.
- Who to contact when your claims aren't reflected in CHAMPS.
- When to contact the SIM Initiative for assistance.



# What to do when patient lists do not match the population you are treating

We have had concerns expressed by providers that patient lists do correctly reflect the patient panel of their practice.

- It has taken considerable effort to correct the inaccuracies.
- •We are now requesting that you immediately contact the health plan when discrepancies are noticed to ensure corrections are made immediately.
- •For that reason, the lists need to be checked monthly by the practice.



# Who to contact when your claims aren't reflected in CHAMPS

If after 60 days past the date of your clean claim adjudication you are unable to see your claim in CHAMPS, contact your health plan representative.



## When to contact the SIM initiative for assistance

When issues arise regarding your patient lists or tracking claims are not resolved in a timely fashion, contact the SIM Initiative and state staff will contact the practice and health plan.



### Additional Questions and Resources

MDHHS-SIMPCMH@michigan.gov

SIM Care Delivery Webpage



## Theresa Landfair, Specialist, Managed Care Plan Division Medical Services Administration

Katie Commey, MPH
SIM Care Delivery Lead
Policy, Planning, and Legislative Services Administration

Laura Kilfoyle, MPA
SIM Care Delivery Coordinator
Policy, Planning, and Legislative Services Administration



## Addressing Behavioral Health Needs In The Primary Care Setting

LAURISA CUMMINGS, LMSW
CHILDREN'S MEDICAL GROUP OF SAGINAW BAY

## Learning Objectives

- Explain effective mental health management through the care team, including integration of behavioral health into primary care
- Identify best practice and lessons learned when advancing care management services and implementing behavioral health screening into primary care
- Discuss behavioral health screening and follow up, matching resources to address practice population needs



## Agenda

- •Learners will be able to discuss behavioral health conditions commonly treated in primary care practices
- •Learners will be able to identify screening tools in which to screen for particular behavioral health conditions
- •Learners will be able to use evidence-based tools for improved assessment and management of behavioral health issues
- •Learners will be able to identify referral processes to address behavioral health needs
- •Learners will be able to identify additional billing opportunities for care managers who hold a LMSW



## Rationale to Address Mental Health Needs in Primary Care

- 56% of American adults with a mental illness did not receive treatment (Mental Health America 2017)
- 1.7 million youth with major depressive episodes did not receive treatment (Mental Health America, 2017)
- One half of all chronic mental illness begins by the age of 14; three-quarters by the age of 24 (National Institute of Mental Health, 2017)
- 90% of those who die by suicide have an underlying mental illness; suicide is the 10<sup>th</sup> leading cause of death in the U.S. (National Institute of Mental Health, 2017)



## Michigan Statistics

- •Michigan ranked 23 of all states having lower prevalence of mental health and substance use issues
- •Michigan ranked 19 of all states having lower prevalence of mental illness and higher rates of access to care for adults
- •Michigan ranked 17 of all states having lower prevalence of mental illness and higher rates of access to care for youth
- •Michigan ranked 16 of all states providing access to insurance and mental health treatment for adults and youth
- •Michigan ranked 22 of all states providing mental health workforce availability with a ratio of 460:1 (includes psychiatrists, psychologists, LSMWs, counselors, LMFT, and NPs)

(National Institute of Mental Health, 2017)



## Why Addressing Behavioral Health Needs In Primary Care Settings Is So Important

- Increased compliance
- Lessen stigma of mental health needs
- Increase self management of chronic mental health needs
- Improved coordination of care
- Decreased morbidity
- Preventative services
- Integration of physical and emotional care



# Behavioral Health Integration: Resources For Primary Care Use

- American Academy of Pediatrics (<a href="https://www.aap.org">https://www.aap.org</a>)
- SAMHSA-HRSA for Integrated Health Solutions (CIHS) (https://integration.samhsa.gov)
- National Alliance on Mental Health (<a href="https://nami.org">https://nami.org</a>)
- World Health Organization (<a href="https://who.int">https://who.int</a>)



# Behavioral Health Integration: Two Example Models

Mental Health Tool Kit, American Academy of Pediatrics

www.aap.org

Mental Health Initiatives, Primary Care Tools

A Global Perspective, World Health Organization

www.who.int/en/

Mental Health, Policies and Services



## Where To Begin: Advancing Care Management, Adding Behavioral Health Services

#### Social Determinants of Health

Domains of Social Determinants of Health:

Healthcare, food, employment & income, housing and shelter, utilities, family care, education,

transportation, personal and environmental safety, and general

### **ACES Screening**

Pair of ACEs:

Screening for adverse childhood experiences (ACEs)

Addressing adverse community environments (ACEs)

(http://go.gwu.edu/BCR)



## Social Determinants of Health

#### Healthcare

- o In the past month, did poor health keep you from doing your usual activities, like work, school or a hobby?
- O In the past year, was there a time when you needed to see a doctor but could not because it cost too much?

#### Food

- o In the past year, did you ever eat less than you needed to because there was not enough food?
- Employment & Income
  - o Is it hard to find work or another source of income to meet your basic needs?
- Housing & Shelter
  - Are you worried that in the next few months, you may not have housing?

#### Utilities

o In the past year, have you had a hard time paying your utility company bills?



## Social Determinants of Health, Cont'd

#### Family Care

• Do you need help finding or paying for care for loved ones? For example, child care or day care for an older adult.

#### Education

• Do you want help with school or job training, like finishing a GED, going to college, or learning a trade?

### Transportation

• Do you ever have trouble getting to school, work, or the store because you don't have a way to get there?

### Personal and Environmental Safety

Do you ever feel unsafe in your home or neighborhood?

#### General

• If you answered yes, would you like to receive assistance with any of these needs? Yes No

Are any of your needs urgent? Yes No



## Pair of ACEs

#### The Pair of ACEs

#### **Adverse Childhood Experiences**

Maternal Depression

Emotional &

Substance Abuse

Sexual Abuse

**Domestic Violence** 

Physical &

**Emotional Neglect** 

Divorce

Mental Illness

Incarceration

Homelessness

**Adverse Community Environments** 

Poverty

Discrimination

Community Disruption Lack of Opportunity, Economic Mobility & Social Capital Violence

Poor Housing Quality & Affordability

Ellis, W., Dietz, W. (2017) A New Framework for Addressing Adverse Childhood and Community Experiences: The Building Community Resilience (BCR) Model. Academic Pediatrics. 17 (2017) pp. S86-S93. DOI information: 10.1016/j.acap.2016.12.011



# Screening Tools Used For Behavioral Health In Primary Care Settings

PHQ-9 Initial Depression Screening Tool

**KADS-Depression Screening Tool** 

MDQ-Bipolar Screening Tool

**SCARED-Anxiety Screening Tool** 

Suicide Lethality Screening Tool

MCHAT-R Screening Tool for Autism

AQ-10 Child Screening Tool for Autism (Age 4-11)

AQ-10 Adolescent Screening Tool for Autism (Age 12-15)



# Screening Tools Used For Behavioral Health In Primary Care Settings, Cont'd

GAD-7 Anxiety Screening Tool for Adults

**Edinburgh Postnatal Depression Scale** 

**AUDIT-Alcohol Use Disorders Identification Test** 

CAGE AID- Screens for drug and alcohol use

Columbia-Suicide Severity Rating Scale (C-SSRS)

Life Event Checklist-Screens for potentially traumatic events during lifetime

**ACEs-Adverse Childhood Experiences** 



# Commonly Identified Behavioral Health Needs In The Primary Care Setting

- ADHD/ADD and Autism
  - Both pediatric and adult
  - Evaluation and treatment options
- General Behavioral Concerns
- Social Pragmatic Communication Disorder



## Commonly Identified Behavioral Health Needs In The Primary Care Setting, Cont'd

- Mental Health
  - Depression
  - Anxiety
  - Suicidality
  - Bipolar
  - Need for acute hospitalization
- Delays In Development
  - Referral and treatment options
- Fatigue, Stress from Chronic Conditions



# Meeting The Patient's Needs: Behavior Health and Care Management

### Care Management and Coordination

- Medication Management
  - PCP vs. Psychiatry written, oversight
- Transportation Needs
  - Community support and coordination
- Appointment Coordination
- Collaborative Communication
  - Internal AND external
  - Team Huddles, coordination and communication with specialists
- Additional Services and Needs
  - Referrals, coordination, and collaboration



# Meeting The Patient's Needs: Behavior Health and Care Management, Cont'd

### **Behavioral Health Needs**

- Psychiatry Needs
  - Referral, medication management and oversight
- Counseling Needs
  - Internal referral vs. external referral
- Additional Services and Need
  - Referrals, coordination, and collaboration



# Patient Referrals: Differentiating Care Management and Behavioral Health

- Care Management Referrals
  - Completed by care manager, billing G Codes, Phone Codes, and S Code
    - Chronic Disease Management
    - Patient Education
    - Self Management
- Behavioral Health Referrals
  - Completed by mental health specialist credentialed with health insurance provider, billing behavioral health codes
    - Individual, family, group, and crisis behavioral health needs
    - May be referred internally or to external providers



# Care Management Coordination of Behavioral Health Needs

Services completed by any trained care manager:

(1) G9001 Assessment and (2) G9002 Face to Face Visits:

Completed by approved, trained care manager

G9001 – Comprehensive Assessment and Care Plan\*

Education: Assessment-G9001

- Include patient and care giver assessment, discussion and collaboration:
  - Beliefs about diagnosis
  - Basic education about diagnosis
  - Dispel myths
  - Provide hope
  - Collaborate with Psychiatrist, PCP



<sup>\*</sup>For details see the SIM Care Management and Coordination Tracking Quick Reference Guide

# Care Management Coordination of Behavioral Health Needs, Cont'd

Prevention-G9002 Face to Face Visit

- •SIM face to face criteria must be met
  - Triggers
  - Identify and highlight strengths
  - Identify barriers and ways to overcome barriers
  - Collaborate with Psychiatrist, PCP
  - Modify care plan

Management and Rescue-G9002 Face to Face Visit

- •SIM face to face criteria must be met
  - Daily treatment
  - Develop rescue, crisis plan
  - Collaborate with Psychiatrist, PCP
  - Modify care plan



## Beyond Care Management

### Care management may not be enough

- •Chronic disease management leads to fatigue, which leads to mood, behavioral concerns
- •Services may be limited due to care manager's licensure

### Other services that may be necessary

- Behavioral health counseling
- Medication management
- Specialist for further evaluation and treatment



# Behavioral Health Services: Internal and External

#### External behavioral health services

- Psychiatrist, Psychologist, Neuro Psychologist, Physician Assistant, Nurse Practitioner
- Counseling services
- •Inpatient, outpatient behavioral health services

#### Internal behavioral health services

- •Psychiatrist, Psychologist, Neuro Psychologist, Physician Assistant, Nurse Practitioner
- Counseling services



# LMSW Behavioral Health Billing Opportunities

### **Behavioral Health Codes**

- Becoming Credentialed
  - Coordinate and credential through participating health insurance providers
  - Will be necessary to gain an understanding of contract rules, accepting providers, limitations, billing procedures
- Billing Procedures
  - Develop procedures and policies
  - Develop confident understanding of billing practices
  - Collaborate with other practicing professionals
    - NASW
    - SIM BCBSM collaborative efforts



# Behavioral Health Treatment-Internal LMSW Specific Treatment Methods

- Motivational Interviewing
- Cognitive Behavioral Therapy
- Dialectical Behavior Therapy
- Trauma Focused Cognitive Behavior Therapy
- Applied Behavioral Therapy
- Forensic Interviewing



## SIM/Behavioral Health Coding Algorithm

Please refer to hand out





## Behavioral Health Coding 101 – Commercial Codes

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#### Benefits, Coding and Billing

- Very important to determine benefits of patient BEFORE visits begin
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## References, Cont'd

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Shonkoff JP, Garner A. (2012, January) The lifelong effects of early childhood adversity and toxic stress. *Pediatrics* 129(1), 232-246.



## 2:00 - 2:15 PM BREAK





# 



## Plenary: Sustainability Post-SIM

KATHERINE COMMEY, MPH
SIM CARE DELIVERY LEAD
POLICY, PLANNING, AND LEGISLATIVE SERVICES ADMINISTRATION
MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES

## Learning Objective

Explain strategies to optimize practice resources, to invest in the future state for sustainability of Clinical-Community Linkages and team-based delivery of care in the primary care setting



## **Looking Back**

#### **Strengths Going Into SIM PCMH Initiative**

- Primary Care Transformation Experience
- Committed Payer Partnership
- Clinical Care Management Competency
- Team-Based Care
- Learnings from Accountable Care
- Significant Health Coverage Gains
- Working Demonstration Models for Community Connections
- Physician Organization (provider network)
   Expertise in Supporting Transformation
- Health IT Infrastructure (including multipayer data)

#### **Challenges Going Into SIM PCMH Initiative**

- Underuse of HIT and HIE Technology in MAPCP
- Mixed Outcome/Utilization Evaluation Results from MAPCP
- Costs/Capacity Constraints Associated with Practice Transformation (i.e. "easy" transformation was already complete)
- Historically Clinically Focused Care Management Infrastructure
- Inconsistent Financing of Care Management Infrastructure
- Multiple Transformational Initiatives and Funding Streams Operating Simultaneously
- Lack of Medicare Financial Participation
- Limited Medicaid Budget Available to Fund Care Delivery Initiative Payments



## The PCMH Initiative

SIM PCMH Initiative Participants:

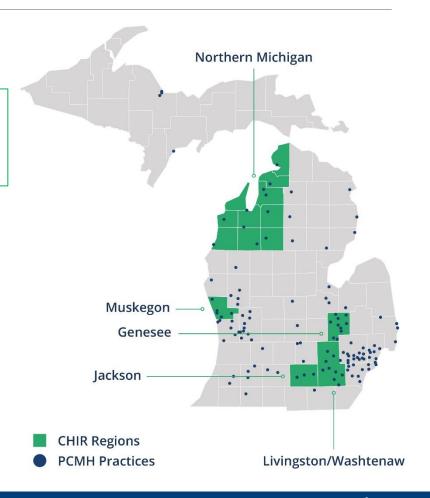
- 328 members of a Physician Organization
- 18 Federally Qualified Health Center sites
- 9 Single Practice sites

355 practices:

238 previous MiPCT participants

125+ CPC+ (track 1 & 2) participants

- 206 within a SIM Test Region
- 150 outside of a SIM Test Region





## Looking to the Future

#### Maintain, Sustain, Expand?

- The service delivery model established in MiPCT and further refined through the support of the SIM PCMH Initiative, is valuable to MDHHS and Medicaid Beneficiaries.
- The need for provider delivered care management and coordination is not going away.
- The need to address patients in a comprehensive, whole-person oriented manner, inclusive of their social needs, is not going away.

#### What can SIM PCMH Initiative Participants Expect Going Forward?

- There is no simple solution.
- 2. No one entity can do this alone It will take coordination and collaboration between MDHHS, Medicaid Health Plans, Physician Organizations, Providers...



## Important Factors for Post-SIM Transition

Provider Community	Medicaid Health Plans	MDHHS Medical Services Administration	Centers for Medicare & Medicaid Services
Care Managers	Quality Strategy	Care Managers/Coordinators	Care Management Services
Risk Stratification	Risk Stratification	Focus on Quality	Focus on Quality
Payment Mechanism for Care Management and Coordination	Evidence-based Model of Care	Access to Needed Services for Beneficiaries	Cost Neutral or Reduction
Incentive Alignment	Reduced Administrative Burden		Alternative Payment Models



## Today's Landscape

Michigan's State Innovation Model demonstration comes to an end in January 2020

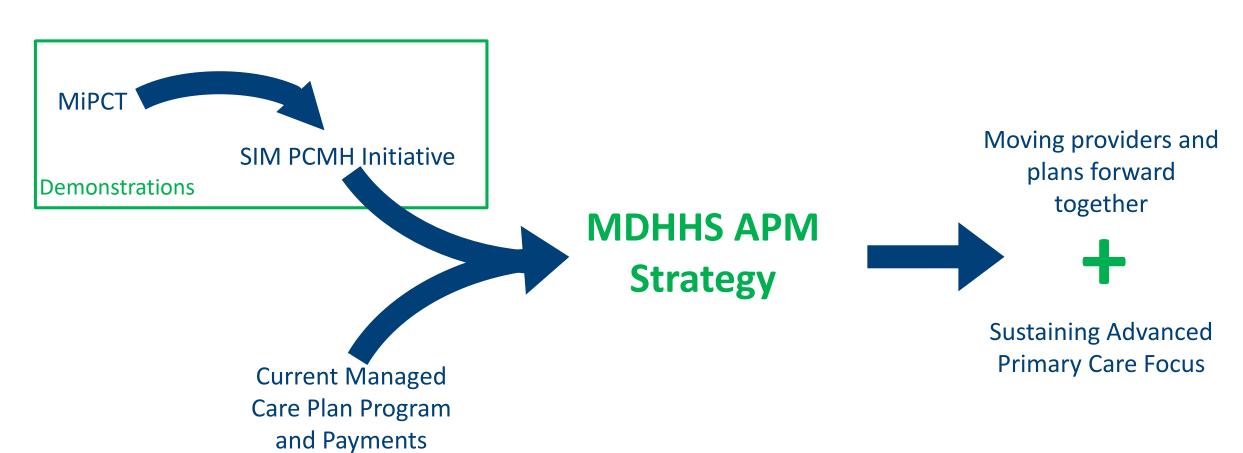
Funding for the PCMH Initiative is secure through December 31, 2019

#### **Considerations:**

- Coordination of Physical and Behavioral Health Pilot (Section 298, Public Act 207 of 2018)
- Medicaid Work Requirements (Senate Bill 0897) Implementation
- Healthy Michigan Plan Health Risk Assessment (HRA) (1115 Medicaid Waiver)
- Impending administration change
- CPC+ demonstration operating in MI
- Medicare Access and CHIP Reauthorization Act of 2015 (MACRA) and the Quality Payment Program
- New funding announcements from Centers for Medicare and Medicaid Services (CMS)



## **Driving Change**





## MDHHS APM Strategy

#### **GOAL:**

#### sustainability, effectiveness, and consistency

- •State Preferred PCMH Model:
  - Supporting a shared care delivery model within the Patient Centered Medical Home setting across the state
- Quality Measure Alignment:
  - Regionalized (based on Michigan's prosperity regions) measures for Medicaid Health Plans



## Plan for Improving Population Health

#### **Purpose:**

The Plan for Improving Population Health (**PIPH**) will describe how Michigan is creating health, equity, and well being through clinical and community based prevention strategies that address the social determinants of health.

#### **Plan Components**

- Overall health burden in the state & priority health concerns
- Current capacity to improve population health (major initiatives & infrastructure, key stakeholders)
- Plan for improving health, including goals, objectives, strategies, & supports for effective implementation



#### The Plan Should:

- Use evidence-based, preventive, population focused interventions that address social determinants of health; policy, systems, and environmental change; and the health care delivery system (including innovative models of health care delivery)
- Address health disparities and work toward health equity
- Include strategies led by both governmental & non-governmental partners



## **Proposal For Change**

#### What is a Proposal for Change (PFC)?

A mechanism to identify priorities for funding across state government

#### How does it work/what is the process:

• Within each state agency, each administration has the opportunity to submit a limited number of PFCs, the Agency Director then identifies which of the PFCs to prioritize and submit for budget processing:





## Areas for Further Development

Maximize the experience we have gained:

- Care Management and Coordination Policy Development
- Social Determinants of Health Data Collection and Sharing
- Health Information Exchange Optimization
- Exploration of Attribution Barriers





## Wrap Up and Closing



## THANK YOU!

